From: <u>Turim, Amy</u>
To: <u>Lee, Chris</u>

Subject: File 190778 - What Veterans Outreach of Wisconsin means to me

Date: Friday, September 13, 2019 3:14:02 PM

Email of support from John Grube.

File 190778

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From: Fiona Murphy [mailto:development.vow@gmail.com]

Sent: Friday, September 13, 2019 1:20 PM

To: Turim, Amy

Subject: Fwd: What Veterans Outreach of Wisconsin means to me

From our resident, John Grube.

From: **JG** < <u>johngrube2@gmail.com</u>>
Date: Fri, Sep 13, 2019 at 12:48 PM

Subject: What Veterans Outreach of Wisconsin means to me

To: <<u>development.vow@gmail.com</u>>

What Veterans Outreach of Wisconsin means to me, is there are people who care. Living on the streets it seemed as though no one cared if I lived, suffered or died. Meeting daily needs for survival occupied all of my thought and time all day, every day. I frequently spent days and weeks at a stretch being constantly cold and hungry with no way out. Climbing out of the hole of homelessness and moving towards normal living was a completely overwhelming, monumental task that seemed far beyond my reach. The helping hand offered by Veterans Outreach of Wisconsin turned living a normal life from impossible, to possible. Can't possibly thank them enough!

Thought for the Day:

Get outside yourself.

Find something you care about more than your hurt.

When you turn inward, your hurt is greater than anything else.

When you turn outward, your hurt isn't the biggest thing anymore.

Only then can we go from merely surviving, to thriving.

Fiona Murphy Director of Development Veterans Outreach of Wisconsin

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