

**Jan Singer, MSW, LCSW**  
8426 North Regent Road  
Milwaukee, WI 53217

Phone: 414-467-6942 or 262-241-9881  
e-mail: [lfeadventure204@earthlink.net](mailto:lfeadventure204@earthlink.net)

---

**FORMAL EDUCATION**

M.S.W.	1977	University of Wisconsin-Milwaukee (Emphasis on community organization, planning, and evaluating programs)
B.S.	1969	University of Toledo, Ohio (Emphasis on social work)

**Post Graduate Training:**

Trauma Counseling I&II	(U Wisconsin-Milwaukee)	2007/2008
Sexual Attitude Reassessment	(U Wisconsin Madison)	2007
EMDR Training, Level I&II	(Milw. WI; Los Angeles, CA)	1994
Dreikers Relationship Center Inc.	(Boulder, CO)	1985
Gestalt Institute of Cleveland	(Training in Milw., WI)	1982

License: (Wisconsin) Clinical Social Worker # 2565-123	1993-present
License: The Ron Fletcher Company: Towelwork; Spine Corrector	2003-present

---

**WORK EXPERIENCE**

2/2002 - present    *Clinical Social Worker/Psychotherapist.* Life Adventure Therapies  
Workshop facilitator; consultant for religious and human  
service organizations/businesses; body oriented therapy  
approach incorporating wilderness retreats and  
whitewater rafting for team building; forensic expert  
witness for sexual assault cases; dissertation/life coaching

3/2017 – present    Greater Milwaukee Center for Health & Wellness  
Psychotherapist work with Transgender and gender variant clients

5/2004–2014    *Ad Hoc Instructor, UW-M, School of Health Science [2004-2014]*  
Course: Pilates; Body Mind Awareness  
UW-M, Helen Bader School of Social Welfare  
Field Placement Supervisor (U/G) [2004-2013]  
Course: Cultural Diversity. [2004-07]

2/2002-present    *CEU Seminar Instructor, Mount Mary College*  
Themes: Advanced Ethical and Boundaries; Self Care;  
Cultural Diversity; Working with Anger; Body-oriented  
Psychotherapy; Power of Language; Strength  
Perspective/Asset Base Social Work; Money/Value  
Issues; Sexual Abuse/Exploitation Issues  
Field Placement Supervisor (Undergrad) [2006-present]

10/2001-2014    *SAGE/Milwaukee, part time social worker serving Lesbian, Gay, Bisexual,  
Transgender, Intersex clients 50 and older*  
*2009 Diverse & Resilient Community Ally Award recipient*

- 1/2007-9/2010 *Emergency Specialist.* Midwest Airlines/Emergency Management Excellence  
for aviation disasters Milw., WI
- 1/2000-8/2007 *Pilates Teacher of the Ron Fletcher Towelwork:* Freedom Pilates Studio  
Milw., WI
- 9/1996-5/2003 *Adjunct Faculty,* Antioch University, Santa Barbara, CA.  
Courses taught: Advanced family therapy: systemic  
treatment of families living with sexual abuse; Family  
therapy: theories and applications; Clinical skills III –  
group therapy; Issues of death and grieving; Domestic  
violence: Prevention and treatment; Sexual assault:  
working with survivors and their families; Eating  
disorders; Body oriented psychotherapy; Power of secrets
- 4/1992-9/1999 *Social Worker/Psychotherapist.* Family Therapy Institute, Santa Barbara, CA.  
Provided psychotherapy for individuals, couples, families,  
groups, and supervision for master’s level students.
- 7/1984-6/1994 *Social Worker/Psychotherapist.* Jan Singer & Associates’/Friends’  
Psychotherapy Collective, Milwaukee, WI; Santa Barbara, CA.  
Provided psychotherapy services; workshop facilitator;  
action oriented consultant for individuals, organizations, and  
businesses.
- 9/1994-4/1995 KTMS Radio Station: “SOMETHING TO TALK ABOUT”  
(talk show regarding therapeutic and life issues.) Santa Barbara, CA
- 1991-1992 Woman’s Center for Pacific Shores Hospital, SB, CA.
- 1993-1994 Women’s Center for Van Nuys Hospital, SB, CA
- 1981-1984 Bread and Roses Women’s Health Center, Inc., Milwaukee, WI.  
*Mental Health Coordinator/Primary Therapist.* Community  
education and outreach focusing on women’s mental  
issues; reproductive and pregnancy options.  
Supervision of master’s level students.
- 1978-1981 Children’s Service Society of Wisconsin. *Social Worker.* Milwaukee, WI  
Treatment foster care worker with primary responsibilities  
for the placement and supervised placement of  
adolescents in foster care;  
Facilitated parenting groups for foster children’s  
biological parents, and led training for potential foster  
care and respite care parents.
- 1977-1978 Milwaukee County Mental Health Planning Council, Milwaukee, WI  
*Project consultant.* Provided consulting role in various

grants and projects involving the evaluation of multi-county juvenile prosecutor programs; community alcoholism treatment/counseling organizations, and an alternative treatment for street crime versus prison.

**TRAINING WORKSHOPS:**

- Planned Parenthood of WI Institute: Helping Gender-variant children and their families thrive; Working with lesbian, gay, bisexual, transgender adults 2015-2016
- Sexual Assault Treatment Center. Culturally sensitive issues for nurses working with sexual assault survivors. Milwaukee, WI 2003.
- Milwaukee Commission on Domestic Violence and Sexual Assault. 2003-present
- CHAI Helpline Line, Jewish Family Services, provided volunteer training for DV calls. Milw. WI. 2001-2003.
- HELPLINE 24-hour Telephone Crisis Intervention; volunteer training. Santa Barbara, CA.1995-1999.
- Organizational Behavioral Teaching Conference. *When Sex Becomes the Lesson: Sexual Boundary Violations in the Classroom.* 1994.
- Pacific Association of Reform Rabbis; Unitarian Society of Santa Barbara; SB *Interfaith Ministry: When Sex Is Power and Not Sex.* Palm Springs and Santa Barbara, CA 1992-1993.
- Others (15)

**Extended Workshops Developed/Co-developed.**

- *Vision Quest Retreat!* (Five Day Retreat in the Apostle Islands, WI). 2003
- *Celebrating All Our Connections!* (Five Day Retreat in New Mexico). 1998-2002
- *Celebration in Living! Intensive Personal Growth Weekend.* Various locations: 1984-2003.
- *Victim to Victor! A Therapy Group for Women Haunted by the Ghosts of Childhood Sexual Abuse.* Santa Barbara, CA. 1992-1996.
- *Seeking the Spirit: A Week-long Wilderness/Vision Quest Experience.*
- Ely, MN 1990-94.
- *Joy! A Rolfing and Psychotherapy Process.* Milw., WI; SB, CA 1986-1994.
- *Transforming Your Body Image.* Milw., WI 1987-1990
- *Living Your Body Image.* Milw., WI 1988-1989.
- *Discovering Your E/Sensual Body: Being Sensual Is Essential to Life.* Milw., WI 1989-1989.
- *Journey Weekend in the Shamanic Tradition.* Milw., WI 1986-1992.
- *Co-dependency: When Your Drug of Choice is Anyone Else But You.* Milw., WI 1988-90.

**WORKSHOPS AND PRESENTATIONS**

- WI Chapter NASW Conference: “Diagnosing Difference – Misdiagnosing Reality: Working with People Who Are Gender Variant Across the Life Span with Dignity & Respect”, “(Re)Claiming Your Body: Ron Fletcher based Pilates as a Psychotherapeutic Tool”; “Listening Through the Body’s Wisdom: Body Oriented Psychotherapy”; “Advanced Ethics and Boundaries: Meeting the

Challenges of the Changing Faces of Social Work”, “Holding Open the Door: Working with Transgender Clients”, “The Service Interface for Victims of Interpersonal Violence (Domestic Violence and/or Sexual Assault) and Cross Cultural Challenges WI 2002-2006, 2016.

- Department of Health; Life Care Program: “Stress Reduction and Relaxation for People living with AIDS”; “Self Care for Professionals working with individuals with AIDS.” Madison, WI 2001-2003.
- Santa Barbara AIDS Counseling and Assistance Program: “Balanced Caring: Turn Caring For – Into Caring About”; “Hearts, Hands, and Voices: A Spiritual Healing Circle”; “Living Beyond AIDS.” Santa Barbara, CA 1991-1995.
- Western Organizational Behavior Teaching Conference; “When Sex Becomes the Lesson: “Psychological, Ethical, and Legal Aspects of Sexual Boundary Violations in the Classroom.” USC; LA, CA. 1993.
- Lambert Memorial Dialogue: “SEX, LOVE, and THERAPY: Boundary Violations Issues.” Santa Barbara, CA 1992.
- Conference for Alternatives in Jewish Education: “When Sex Is the Lesson: Sexual Misconduct in the Synagogue and the Classroom.” LMU/LA, CA 1992.
- UCSB Woman’s Center: “I Hear the God/dess—And the Voice Is Mine”; “An Inspirational Aphrodisiac: The Connection between Sexuality and Spirituality.” Santa Barbara, CA. 1992.
- Santa Barbara Rape Crisis Center Board Retreat.: “In-reach/Out-reach. 1991-1992.
- Milwaukee AIDS Project: “Grieving: The Benefits of Being a Cry-Baby.” Milw, WI 1989.

**MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

- The Ron Fletcher Company 2003-present
- National Association of Social Workers 1984-present
- EMDR International Association (former member)
- California Association of Clinical Social Workers (former member)

**Other Organizational Membership**

- Milwaukee Commission on Domestic Violence and Sexual Assault, Commissioner 2005-present
  - Cultural Competency/Underserved Populations Committee, Milwaukee Commission on DV/SA, Chair 2002-2011
  - Disabilities and Elder Abuse Committee and Cross Training Facilitator, Milwaukee Commission on DV/SA, Co-chair 2005-2011
  - Elder Abuse Committee, Milwaukee Commission on DV/SA 2007-2009
  - Domestic Violence Council for LGBT Community, Milw. Commission on DV/SA 2002-2007
- Hmong American Women’s Association, Board Chair 2011-2013
- Pilates Method Alliance 2002-2006
- United States Association of Body and Psychotherapy 1997-2005
- Milwaukee Jewish Family Services/CHAI (Jewish Response to Interpersonal Violence) 2000-2009
- Task Force On Family Violence (Board member, Program Chair) 2004-2009
- Santa Barbara, CA., Rape Crisis Center (Board of Directors) 1991- 1995

- ▶ Letters of Reference: Available upon request.

Additional Information re: Jan Singer, MSW, LCSW

Awarded:

2009 Diverse & Resilient Community Ally of the Year Award

Referenced:

Gonsiorek, John C. Breach of Trust: Sexual Exploitation by Health Care Professionals and Clergy. Sage Publications, 1995. Addendum: "Making Therapy Work for You"

Schwab, Charlotte Rolnick. Sex, Lies, and Rabbis: Breaking A Scared Trust. 1<sup>st</sup> Books Library, 2002. Resource referral.

Lecturer:

Pacifica Graduate Institute: Ethics and the Law for Psychotherapists 1992

Articles and Publications:

Schaefer, Arthur Gross and Jan Singer, "A Call for a Faithful, not a Fearful Response," *Congregations*, May/June 1993.

Schaefer, Arthur Gross and Jan Singer, "Clergy Sexual Misconduct: The Need to React with Education and Guidelines," A Working Paper for the PARR Executive Board.

Antioch USB: ed. Volumes:

- 1) Advanced Family Therapy: Systemic Treatment of Families Living with Sexual Abuse
- 2) Helping Sexual Assault Survivors Heal: Working with Survivors and Their Families
- 3) Domestic Violence: Prevention and Treatment
- 4) Theories and Applications of Family Therapy
- 5) Eating Disorders, Body Image and American Culture
- 6) Advanced Clinical Skills: Listening Through the Body's Wisdom: Body Psychotherapy
- 7) The Power of Secrets and Family Myths

UWM/Helen Bader School of Social Welfare: Cultural Diversity and Social Work, ed.