

The logo features the word "IMPACT" in a bold, white, serif font, with a white swoosh above it. Below the name is the tagline "Changing Lives. For Good." in a smaller, white, italicized serif font. The background is a dark blue collage of financial charts, puzzle pieces, and a globe.

**IMPACT**  
*Changing Lives. For Good.*

## **IMPACT's mission is to change lives, for good.**

- For nearly 60 years, IMPACT programs have provided the motivation and means for those looking to take the first step toward regaining stability. Our goal is to help restore health and productivity leading to an improved quality of life for our entire community
- IMPACT is a regional service provider headquartered in Southeastern Wisconsin

## **IMPACT's Family of Services**

### **IMPACT 2-1-1**

is a central point of access for those struggling with a family, health or social service need to be connected to information and assistance to regain stability.

### **IMPACT Alcohol and Drug Abuse Services**

includes consultation and referral for those concerned about alcohol or drug use.

### **IMPACT Awareness**

raises community consciousness about risky drinking and promotes healthy lifestyles.

### **IMPACT Planning and Evaluation**

conducts research, evaluates data and convenes stakeholders to advance community health and human services

# CARS

## Community Access To Recovery Services

Supportive community-based services for persons with a severe and persistent mental illness and/or who have been affected by alcohol or other drug abuse.

Approximately 7,000 are being people served at any given time.

# CARS Eligibility

## Eligibility

- Milwaukee county resident
- Age 18-59
- We work with the department on aging when a person is over the age of 50 to ensure all clients are assessed.

## Target populations/priority status

- substance Use Disorder
- IV Pregnant women
- Pregnant women
- IV drug user
- Tanf
- W-2

## Historically known as **Wiser Choice** – now **CARS**, intentionally inclusive, serving the **whole person, regardless of presenting issue** (Wisconsin Supports Everyone's Recovery)

Serves individuals and families whose lives have been affected by alcohol or other drug use. Goal is to eliminate barriers to successful treatment and recovery.

Provider Network Services include:

- Outpatient and Day Treatment
- Residential Treatment
  - Recovery house
- Recovery Support Coordination (Care Coordination)
- Medication Assisted Treatment (MAT)
- Detoxification
- Recovery Support Services, such as peer support, bridge housing, spiritual support, community employment, etc.

# Cocaine

## What is Cocaine:

- Originally used as a local anesthetic to ensure the feeling of numbness while some surgical procedures were done
- Cocaine is a stimulant which affects your nervous system and generates feelings of happiness and excitement.
- The feeling can last from a few minutes to hours.
- Those using cocaine regularly will begin to need more cocaine to get the same feelings of happiness they did from a lower dose.

# Abuse of Cocaine

- Use of more cocaine than originally wanting to use
- Inability to decrease or control the use of cocaine
- Daily life focused around obtaining or using cocaine
- Less time spent around others, at work, or engaged in activities that are enjoyable
- Continued use, even when causing physical or mental health problems



# Signs and Symptoms of Cocaine Withdrawal

- Severe sadness or fatigue
- Restlessness, anxiety
- Nausea or vomiting
- Trouble sleeping
- Unpleasant dreams that seem real
- Seeing , hearing, or feeling things that are not there
- Sweating shaking or fast heartbeat
- Seizure

## Effectuated Treatment for Cocaine Abuse

- Cognitive Behavior Therapy (CBT) has been shown to be effective for decreasing cocaine use and preventing relapse.
- Motivational enhancement therapy has been shown to help the clients change their behavior and set goals for themselves.
- Treatment must be tailored to the individual client's needs.

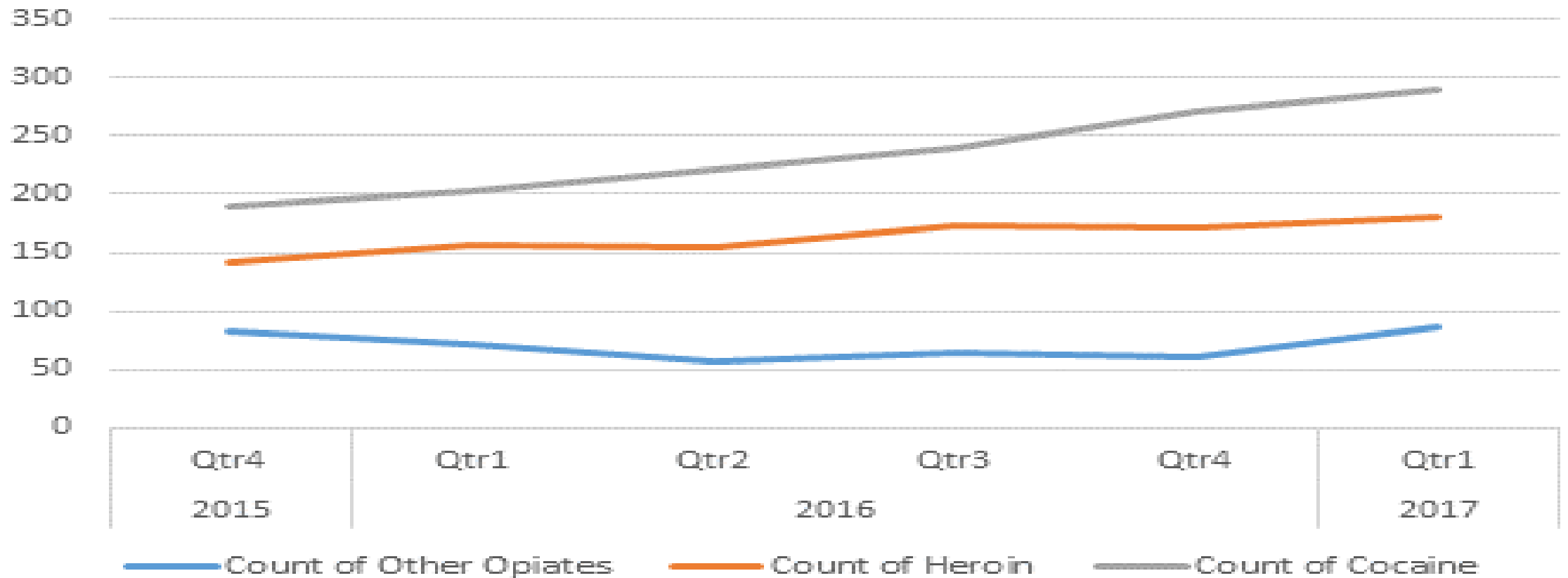
National Survey on Drug Use and Health: Trends in Prevalence of Various Drugs for Ages 12 or Older, Ages 12 to 17, Ages 18 to 25, and Ages 26 or Older; 2015 (in percent)\*

Drug		Ages 12 or Older	Ages 12 to 17	Ages 18 to 25	Ages 26 or Older
Cocaine	Lifetime	14.50	0.80	11.70	16.60
	Past Year	1.80	0.60	5.40	1.30
	Past Month	0.70	0.20	1.70	0.60
Crack Cocaine	Lifetime	3.40	0.10	1.50	4.10
	Past Year	0.30	0.00	0.30	0.30
	Past Month	0.10	0.00	0.10	0.20

# Reported Primary Drug of Choice – Milwaukee County

	2015			2016			2017		Grand Total
	Qtr4	Qtr1	Qtr2	Qtr3	Qtr4	Qtr1	Qtr2		
Primary Reported Use - Other Opiates	83 (8%)	71 (5%)	57 (5%)	64 (5%)	61 (5%)	87 (6%)	33 (6%)	456	
Primary Reported Use - Heroin	141 (13%)	156 (12%)	154 (13%)	173 (14%)	171 (14%)	181 (13%)	78 (14%)	1054	
Primary Report Use - Cocaine	189 (18%)	203 (16%)	221 (18%)	240 (19%)	271 (21%)	289 (20%)		1532	
<b>Total Intakes</b>	<b>1070</b>	<b>1295</b>	<b>1232</b>	<b>1245</b>	<b>1264</b>	<b>1425</b>	<b>539</b>	<b>8070</b>	

# Trends



# Questions?

For further conversation please feel free to contact me!

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