



UnitedHealth Premium® Program

We can help you find quality care.

Most of us are pretty good at spotting quality in the things we buy: Cars need good gas mileage. Houses need roofs that don't leak. Clothing needs to be well-made.

But when it comes to health care, it may be less clear what quality means or how to go about evaluating it. To help our members make more informed choices about their health care, the UnitedHealth Premium program recognizes doctors who meet quality and cost efficiency guidelines. You can find a doctor's Premium designation on myuhc.com®.

Quality, cost-efficient care is a long-term solution.

Variations in care are a significant part of the problem in our current health care system. A study published in the New England Journal of Medicine* found that only 55% of U.S. patients receive the recommended care.

We believe that by supporting and promoting doctors who meet national standards for quality and local market benchmarks for cost efficiency, as well as engaging consumers in the health care decision-making process, we can help to achieve better health outcomes while improving the experience and reducing costs.

The UnitedHealth Premium program is available in 148 markets and 41 states. It evaluates doctors in 25 specialty areas:

Allergy

Nephrology

Orthopaedics -
Shoulder/Elbow

What is quality care?

The UnitedHealth Premium program uses criteria from national organizations that identify evidence-based standards for treating medical conditions across 25 specialties.



Cardiology - Electrophysiology	Neurosurgery - Spine	Orthopaedics - Sports Medicine
Cardiology - Interventional	Ophthalmology	Pediatrics
Endocrinology	Obstetrics and Gynecology	Pulmonology
Family Medicine	Orthopaedics - Foot/Ankle	Rheumatology
General Surgery	Orthopaedics - General	Urology
General Surgery - Colon/Rectal	Orthopaedics - Hand	
Internal Medicine	Orthopaedics - Hip/Knee	

When Tekoa needed heart surgery, his mom and dad turned to the UnitedHealth Premium program for help.

Learn more about his story

**UnitedHealthcare
member tools**

myuhc.com

Log in to your member website to:

- Search for a doctor
- Estimate treatment costs
- Manage your claims

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UnitedHealth Premium doctors:

- Follow evidence-based guidelines for care
- Are more likely to be aware of the latest research and clinical trials
- May have lower surgery repeat rates

Quality guidelines are based on standards from organizations such as:

- American College of Cardiology
- Ambulatory Care Quality Alliance
- Agency for Healthcare Research and Quality (a division of the U.S. Department of Health & Human Services)

Learn more about the methodology we use to evaluate doctors.

* New England Journal of Medicine study