

GRANT ANALYSIS FORM OPERATING & CAPITAL GRANT PROJECTS/PROGRAMS

Department/Division: Office of Violence Prevention, City of Milwaukee Health Department

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Category of Request

New Grant

Grant Continuation

Change in Previously Approved Grant

Previous Council File No. _____

CCFN 210656

Previous Council File No. _____

Project/Program Title: Resiliency in Communities After Stress and Trauma (ReCAST) Milwaukee

Grantor Agency: US Department of Health and Human Services Substance Abuse and Mental Health Services Administration

Grant Application Date: February 2021

Anticipated Award Date: _____

September 30, 2022

1. **Description of Grant Project/Program (Include Target Locations and Populations):**

The City of Milwaukee Health Department's Office of Violence Prevention is proud to be awarded a new five-year federal grant through the Substance Abuse and Mental Health Services Administration (SAMHSA) for the funding opportunity **Resiliency in Communities After Stress and Trauma (ReCAST)**. Municipalities with high rates of gun violence along with incidents of systemic violence resulting in civil unrest were eligible to apply for funding. The purpose of the grant is to promote individual and community resilience through the implementation of evidence-based violence prevention and community youth engagement programs. An additional area of focus are linkages to trauma-informed behavioral health services. This grant opportunity/application preceded the events in Sherman Park. **The goal of ReCAST MKE** is for community entities to work together in ways that lead to improved behavioral health, empowered community residents, and reductions in trauma and sustained community change. Additionally, ReCAST MKE aims to provide Milwaukee with equitable access to culturally responsive resources and services to ensure that high-risk youth and their families benefit from evidence-informed engagement efforts, as well as linkages to trauma-informed behavioral health services. The approach intends to strengthen the integration of behavioral health services and other community systems to address the needs of high-risk youth and families and to build the extent to which Milwaukee is resilient and healing-centered.

2. **Relationship to City-Wide Strategic Goals and Departmental Objectives:**

This grant supports the city of Milwaukee's commitment to advance a safe and healthy city.

3.

Need for Grant Funds and Impact on Other Departmental Operations (Applies only to Programs):

The grant defined **civil unrest** as demonstrations of mass protest and mobilization, community harm, and disruption through violence often connected with law enforcement issues, noting that communities that have experienced civil unrest share similar characteristics:

- Barriers to access and lack of social services, health care, legal and political representation, housing, employment, and education;
- Current and historic strains in community and public sector relationships, e.g., law enforcement, school, health, and/or housing and community relationships;
- Racial/ethnic minority and marginalized populations with experiences of poverty and inequality; and
- Increased risk of mental illness for individuals who experience trauma and do not receive support.

While a lack of income, living wage employment, stable housing, and healthy neighborhoods are still persistent issues, we have identified specific needs, gaps and challenges related to trauma and violence prevention:

- Too many families are grieving losses due to COVID-19, with too few culturally relevant resources to process grief and trauma in non-harmful ways. A Community Healing Network is needed with culturally relevant grief support including support from others who have survived losses and traumas.
- Too many youth are faced with processing complex trauma and ACEs but never given the tools to do so. We need to prioritize the integration of strategies that foster social emotional learning into youth programming and schools as a primary prevention approach. This can give youth the tools they need for resilient mental wellness before they encounter trauma.
- Milwaukee's crisis response efforts have been passionate and well-intentioned, but disjointed and lacking coordination. A coordinated, culturally responsive Crisis Response Network for youth and families, including connections to community resources and trauma-informed behavioral health services is needed.

4.

The project aims to raise awareness, increase understanding and address some of the long-standing, root causes of structural and community violence in Milwaukee while advancing interventions that reach youth and families in greatest needs of opportunities and supports.

Results Measurement/Progress Report (Applies only to Programs):

ReCAST MKE Goals & Measurable Objectives

Partnership

Goal 1 To create and sustain methods to infuse the project with community-led input and expertise.

- Obj. At least 20 organizations/programs/community members per year will be collaborating, coordinating, and/or sharing resources with each other as a result of the grant.
- 1.1
- Obj. Create and sustain a diverse coalition to support and guide project activities, including representation from at least 5 sectors including the LEA, with at least 4 meetings per year.
- 1.2
- Obj. Community input will be documented as a key feature in 4 elements: creating the needs assessment, strategic plan, and re-granting processes, and participatory budgeting/scoring of grant applications.
- 1.3

Increase Access & Coordination

Goal 2 To implement mechanisms to increase access to trauma-informed behavioral health services and to reduce barriers to access for the target population of high-risk youth and families.

- Obj. Crisis Response Network led by ReCAST MKE will convene at least 4 different crisis response entities for 6 meetings per year, to create a more coordinated response system, with annual focus groups tracking increased coordination over time.
- 2.1
- Obj. Strategically deploy mental health clinicians to areas of known unmet/emerging needs on an ongoing basis, including crisis response for vulnerable youth and their families; facilitation of group healing circles to process trauma; initial stabilization sessions with youth/families in crisis; and vicarious trauma support for the 414LIFE violence interrupters. At least 85% of those completing follow-up interviews 3 or more months after their initial intervention will report that they felt supported in their time of crisis with basic needs being met.
- 2.2

Trauma-Informed Behavioral Health & Violence Prevention Services

Goal 3 To identify and implement trauma-informed behavioral health services, evidence-based/evidence-informed violence prevention and community engagement programs, and other

Implementing the goals and objectives will result in the following annual service numbers:

Table 4. Number of Unduplicated Individuals to be Served with Grant Funds

Year 1	Year 2	Year 3	Year 4	Year 5	Total
1,000	1,000	1,000	1,000	1,000	5,000

5.

Grant Period, Timetable and Program Phase-Out Plan:
September 30, 2021 – September 29, 2026

Table 5. KEY TIMELINE ACTIVITIES

	DATE	PERSON RESPONSIBLE
Recruit Community Coalition (recruitment continues ongoing)	Months 1-2, ongoing	Program Director, Program Manager, ReCAST Coordinator
Quarterly Project Steering Committee Meetings	Months 2, 5, 8, 11, and ongoing	Program Dir., Program Manager, Admin Assistant, Steering Cmte
Conduct Community Needs & Resources Assessment	Months 1-3	UBUNTU, input from Coalition and community members
Develop Community Strategic Plan	Months 2-5	UBUNTU, input from Coalition, community, staff, all partners
Trainer gets certified as MHFA/YMHFA instructor	Months 3-6	ReCAST Trainer
Implement Community Strategic Plan	Month 6, and ongoing	All partners, staff, coalition members, community members
Crisis Response Network meetings increase coordination and reduce gaps	Meetings every other mo. ongoing	Program Manager, crisis responders
ReCAST MKE deploys clinicians to meet emerging needs as they arise: crisis response, healing circles, initial stabilization sessions, for target population.	Month 3-12, and ongoing	Program Manager, Program Director, partnering clinicians, Admin Assistant tracks invoices
Get signed MOUs with community leaders demonstrating	Month 6	Project Manager, Project Coordinator,

6/15/04

their commitment to support
Series of monthly trainings in trauma-informed approaches
presented to first responders, educators, clergy, health and
human services providers, and

Months 4-12,
and ongoing

Admin Assistant
Program Manager and training providers,
ReCAST Trainer

6. The final year of the ReCAST grant will focus primarily on sustainability of programming for our partners.

Provide a list of Subgrantees:

Ubuntu Research and Evaluation
Cultural Wellness Center
Milwaukee County Department of Health and Human Services
Medical College of Wisconsin

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If Possible, complete Grant Budget Form and attach to back.
See Attached.