# BIRTH OUTCOMES MADE BETTER (BOMB) DOULA PROGRAM COMMUNITY HEALTH BRANCH

CITY OF MILWAUKEE HEALTH DEPARTMENT (MHD)



### AGENDA

#### BOARD OF HEALTH MEETING

- Brief Overview of BOMB Doula Program
- Program Updates
  - Data Report Out
  - Successes and Challenges
- Goals Moving Forward



## **OVERVIEW**

## BIRTH OUTCOMES MADE BETTER (BOMB) DOULAS

- MHD's newest Maternal and Child Health Program established November 2019; began enrolling clients as of January 2021
- Serving pregnant mothers throughout the City of Milwaukee, including an initiative targeting 53206 due to high infant mortality



## BIRTH OUTCOMES MADE BETTER (BOMB) DOULAS

#### What we do?

- Labor and delivery support
- Birth Plan formulation
- Breastfeeding assistance
- Health Education
- Prenatal support 12 weeks postpartum
- Target high-risk pregnancies
- Counsel prior negative birthing experiences



## DATA AND UPDATES

### **BOMB DOULA PROGRAM - DATA!**

January 2021 – Present Day	
Total Number of Clients Reached	172
Total Number of Clients Enrolled	140
Number of Babies Born	102
Percentage of Babies Born Premature (<37 weeks)	10%
Percentage of Babies Born Low Birth Weight (>2500 grams)	20%
Infant Deaths while Enrolled in Program	2*
Race of Clients	African American – 70% White – 15% (50% Hispanic ethnicity) LatinX – 5% Asian – 4% Native Hawaiian/Pacific Islander – 3% Mixed Race – 2% American Indian – 1%

### **BOMB DOULA PROGRAM - DATA!**

#### **Summation of Survey Results of Enrolled Clients**

My Doula	Areas of Life Improved since enrollment in BOMB
Understands me and respects my choices	Understanding of child development and parenting
Shared knowledge effectively	<ul> <li>Understanding how to advocate for their selves</li> </ul>
Encourages me to ask questions	Where to access resources
Motivates me to keep my baby, my family and me safe	Birthing experience
Tries to understand how I see things before suggesting	Relationship with partner
a new way to do things.	Coping with stress
	Knowledge of Breastfeeding
	• Confidence
	Natural support network

## **SUCCESSES!**

 Now contracting with Community Based Doulas since November 2021

- \$15K Donation from iCare
- Wisconsin Partnership Program Grant Recipient \$150K
- Active Biological Fathers 70% Present at Birth
- Doula programming impacting regular prenatal and postpartum medical appointments

## **CHALLENGES**

COVID-19 impact on Labor/Delivery Access

- Healthcare navigation
- Diverse Doula recruitment

- Postpartum follow-up and follow through
- Breastfeeding duration
- Lax provider continuity of care

## GOALS FOR 2022

## **GOALS FOR 2022**

- Continue to build relationships with healthcare providers to educate about doulas and diverse birthing options
- Compile client survey data and provide feedback to healthcare organizations to improve practice and accountability
- Identify continued financial support for the Doula Program to expand and match the public demand
- Evaluate duration of time Doulas are involved to best match needs of clients (i.e. postpartum)
- Increase enrollment in 53206

## HOW DO YOU REFER TO BOMB DOULAS?

• Call Central Intake Line at (414) 286-8620

• Fax referral form to (414) 286-5480

Access Referral Form on website and submit electronically

https://city.milwaukee.gov/Health/Services-and-Programs/MCH/BOMB

#### **THANK YOU!**

#### Feel free to reach out to me with any questions!

Erica Olivier

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## QUESTIONS?