

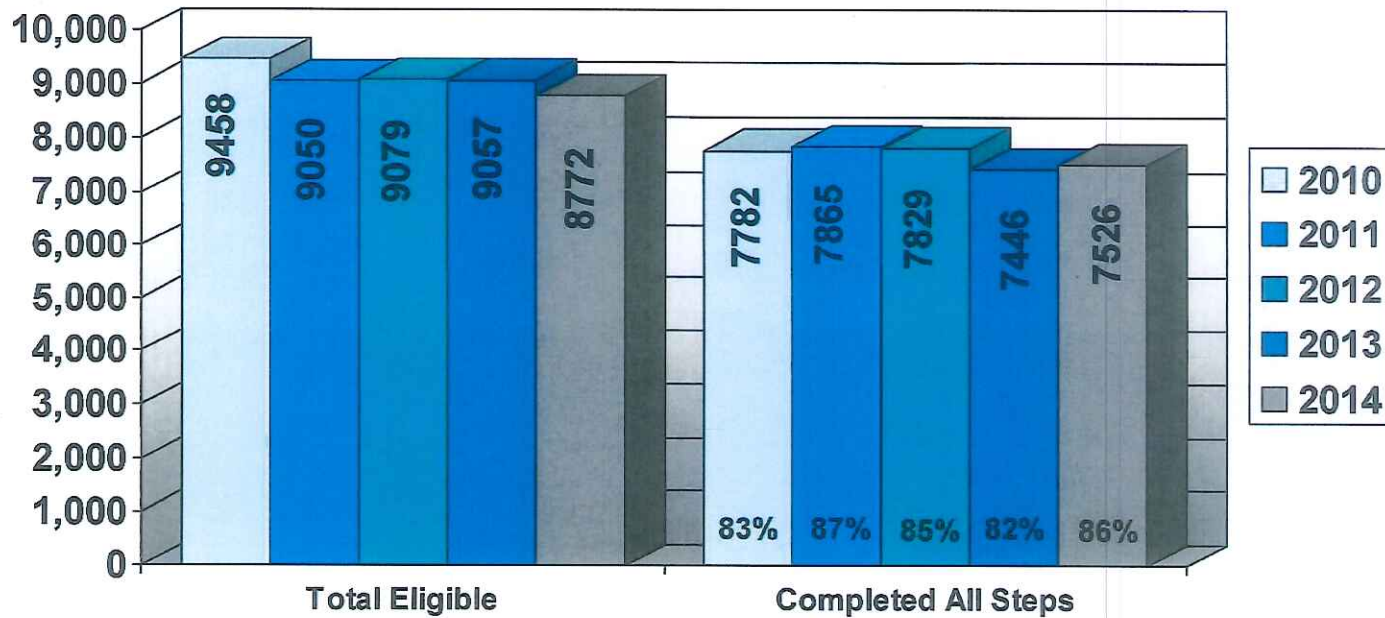


2010-2014
City of Milwaukee



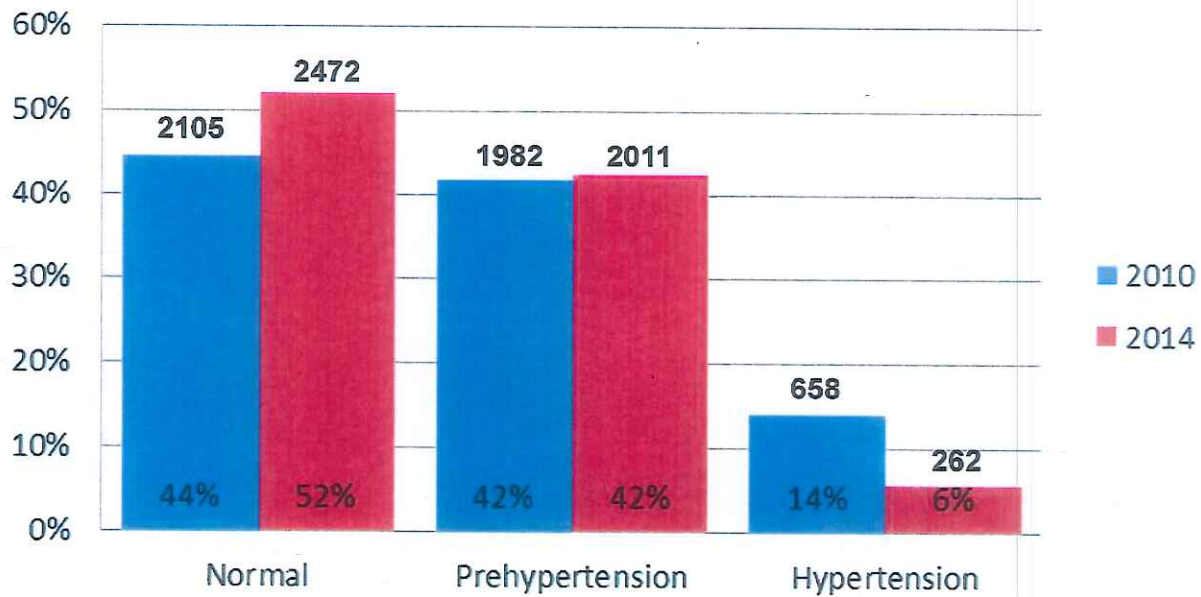
City of Milwaukee Participation

Number of Participants



City of Milwaukee What Improved:

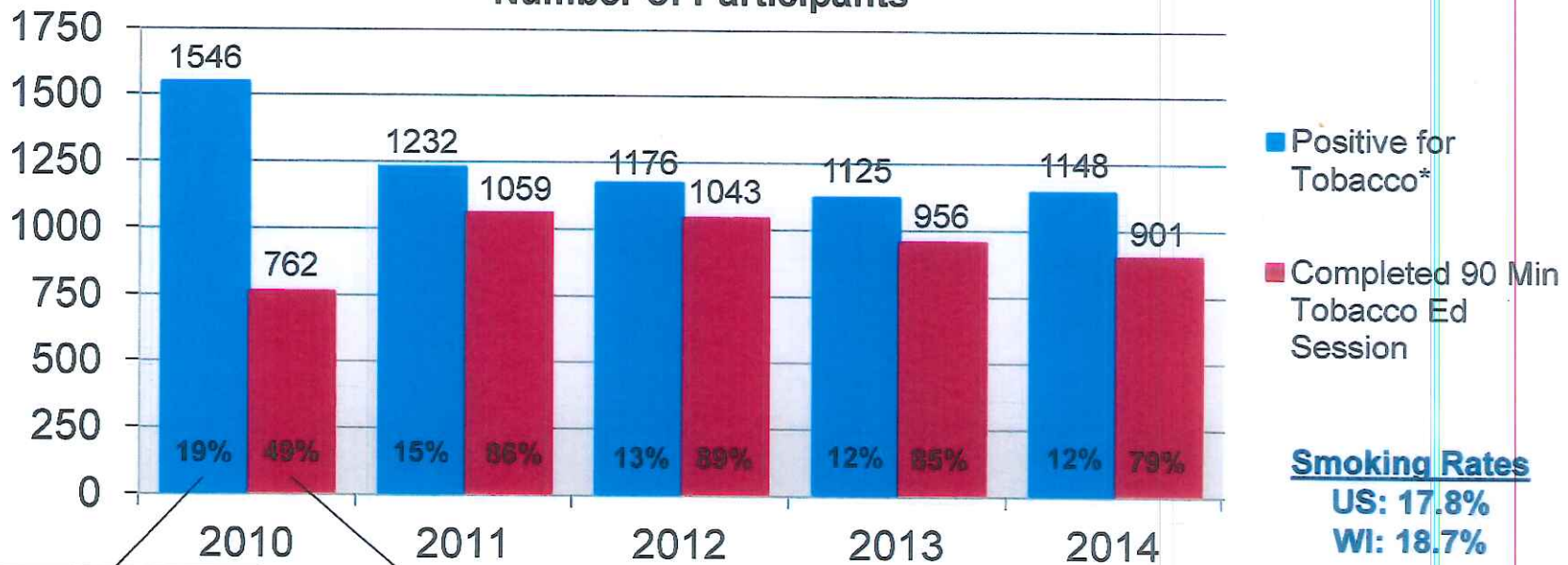
Blood Pressure: All Year Cohort



4745 people participated in all 5 years

Tobacco Statistics- All Participants

Number of Participants



Percent: total positive/total number of labs

Percent: total complete/total number of positive

*2010-2013: Either Nicotine or Cotinine
 2014: Cotinine

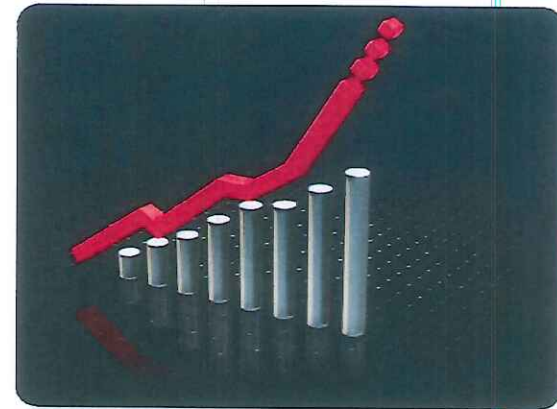


US Smoking Rate: <http://www.cdc.gov/media/releases/2014/p1126-adult-smoking.html>
 WI Smoking Rate: <http://www.countyhealthrankings.org/app/#!/wisconsin/2015/overview>

Tobacco ROI data:

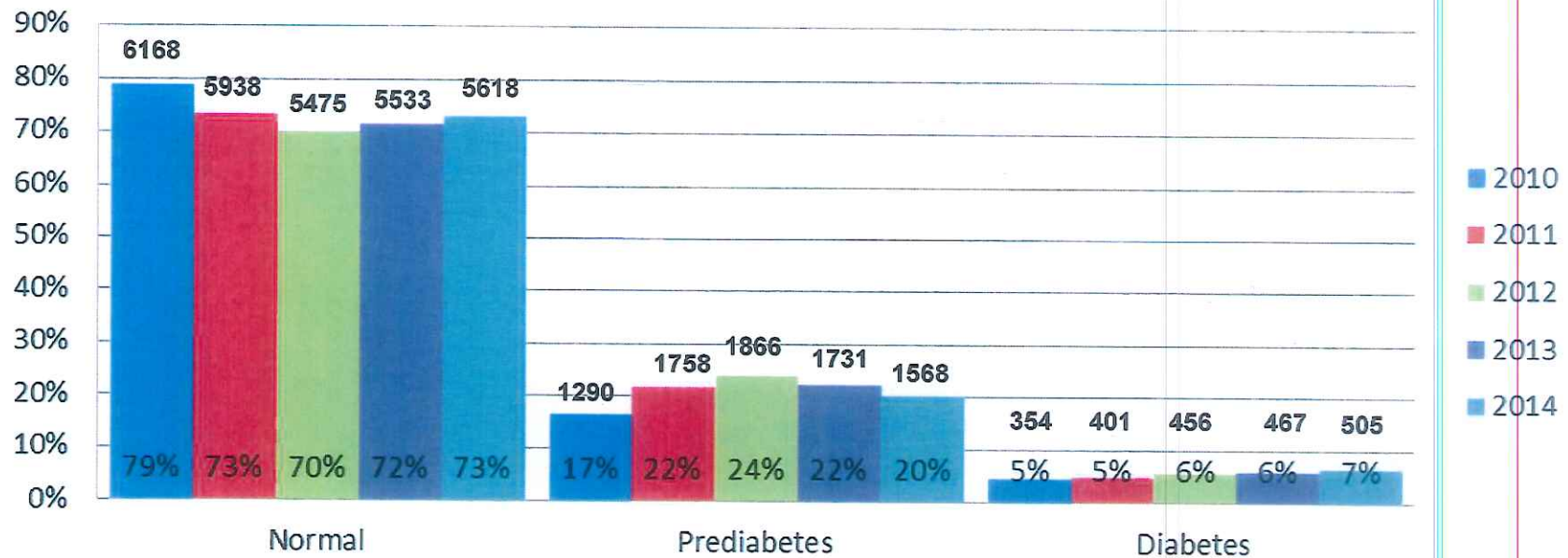
- \$5816 extra cost per positive/year
- Lab Cohort: N=7703
- 425 Quit:
 - Tested positive in 2010 then negative in 2014

\$2.47 million
in savings



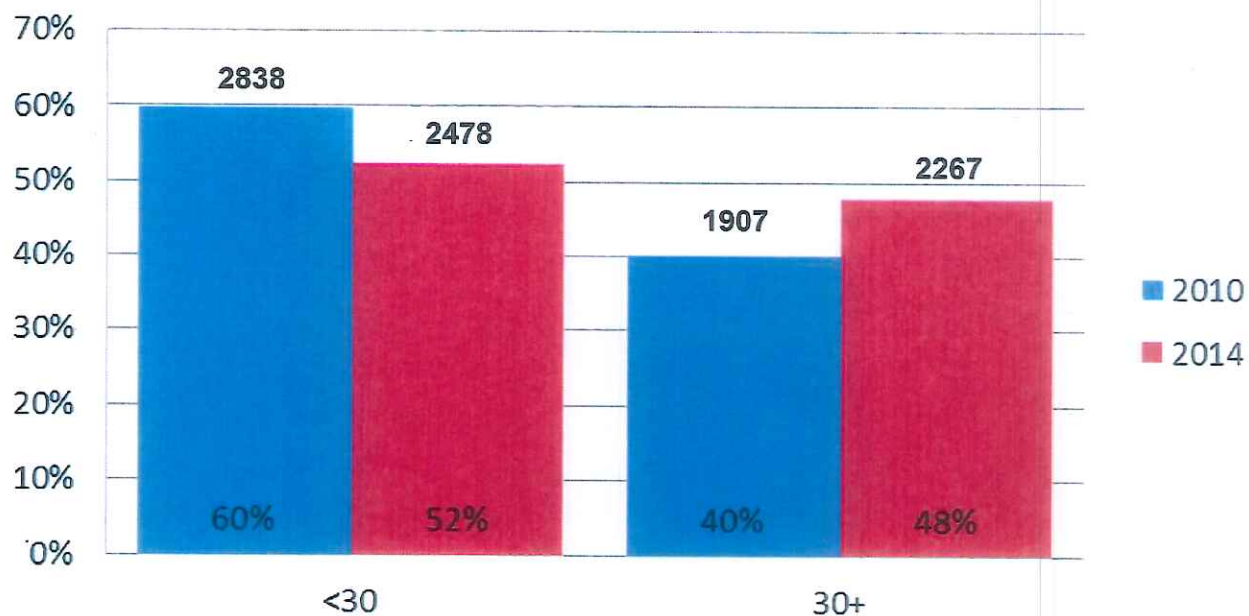
City of Milwaukee: Glucose

Glucose: All Participants



City of Milwaukee: BMI

BMI: All Year Cohort



4745 people participated in all 5 years

Current Wellness Initiatives

- Healthy Rewards
- Onsite Programming:
 - City-wide Weight Management Programs
 - Athlete's Among Us – 12 week pilot at Southside Health Center
 - Public Works Athlete Program – Expanding to all DPW employees
 - Traveling Wellness Center – Monthly Wellness Challenges
- Onsite Services:
 - Nutrition Coaching – Fire & Police Academy, DPW Electrical and DPW Tower
 - Bi-weekly Blood Pressure Screenings – DPW Electrical, Tower, Garage, Ruby, and Lincoln
 - Traveling Wellness Center (Municipal Court and surrounding City departments)
 - Monthly Nutrition Lunch and Learns at City Hall
 - Evening Wellness Presentations

Future Wellness Initiatives

- Healthy Rewards
- Wellness Programming at Milwaukee Police Departments
- Additional City-wide Weight Management Programs
- Diabetes Programming (in coordination with YMCA/UHC)
- Expanding Athlete's Among Us Program
- Support City with Quarterly Wellness Newsletter

Health Care Budget Expenditures Projections/Trends

