

Workforce Health



City of Milwaukee Finance and Personnel Committee Meeting

MAY 28, 2026



Froedtert

Happy 15 Years of Wellness!



**“Well at work,
well at home,
and well into
retirement”**

City of Milwaukee Health & Wellness Services



- Benefits strategy & collaboration
- Wellness
- Occupational Health
- Workplace Clinic
- Injury Prevention
- FastCare®

2025 Year in Review



The Workplace Clinic is now your destination for **Primary Care**



Welcomed a new Clinician, Dina Romero MSN, RN, APNP, FNP-BC



Introduced a Health and Wellness Scheduler at Health Appraisals



Created a Blood Pressure Outreach program in coordination with Health Appraisals



Added afternoon, evening, and Saturday Health Appraisal options



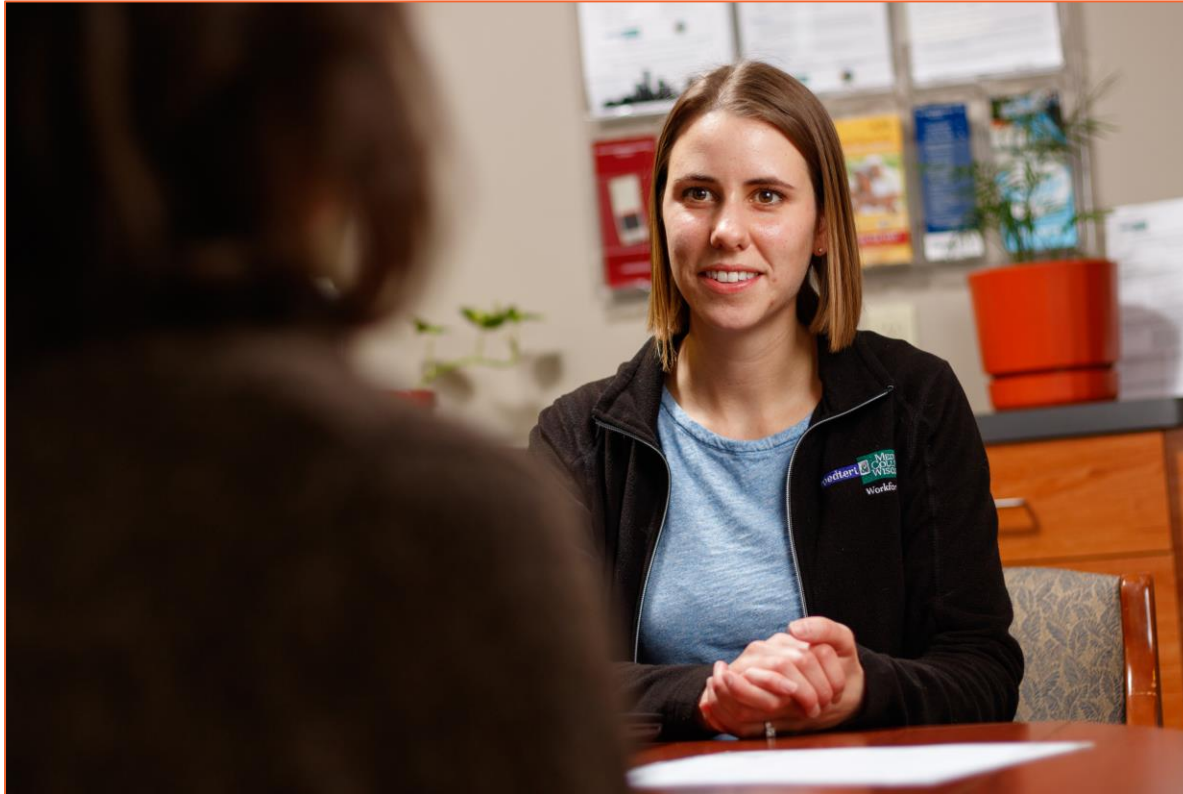
Translated the Interest Assessment Survey into Spanish

Wellness 2025



Employee Well-Being Experience

One of the most powerful measures of success is the employee experience



Featuring: Lynn Kekesi

Total Health Appraisal Participation



70–80% participation is industry-leading and “Gold Standard” for voluntary programs

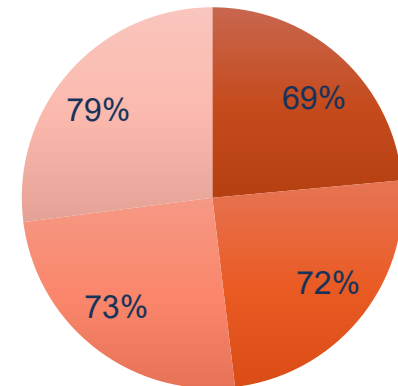


Workforce Health

Health Appraisal Participation

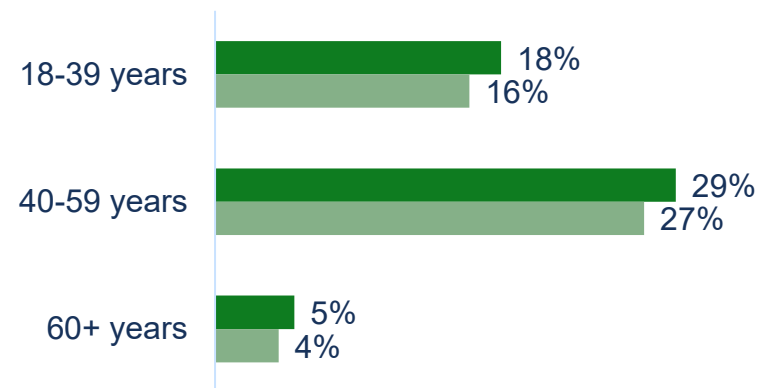
Department	Participation
Comptroller	100%
Deferred Compensation	100%
Employees' Retirement System	93%
City Treasurer	92%
Health	89%
Port	89%
DPW – Sewers	88%
Employee Relations	88%
City Development	87%
Mayor	86%
Common Council - City Clerk	85%
DPW – Administration	85%
Municipal Court	85%
Neighborhood Services	84%
Election Commission	83%
DPW – Water	81%
Administration	80%
Assessor	80%
Library	80%
City Attorney	79%
Emergency Communications	79%
DPW – Operations	78%
DPW – Infrastructure	74%
DPW – Parking	73%
Fire	72%
Police	68%
Fire & Police Commission	67%

Ethnic Group



■ AAPI ■ Black ■ Hispanic ■ White

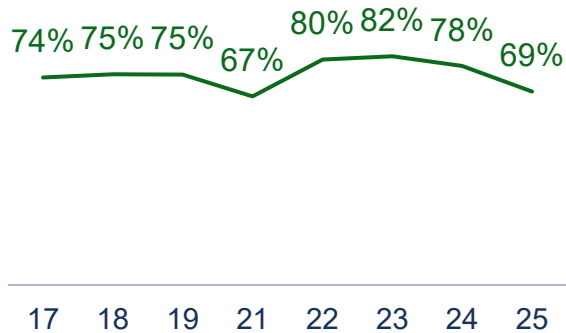
Age



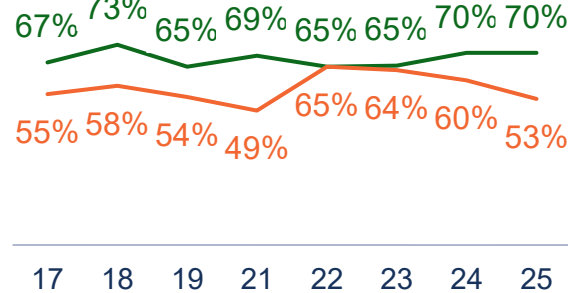
■ Male ■ Female

All Participants: Percent Optimal

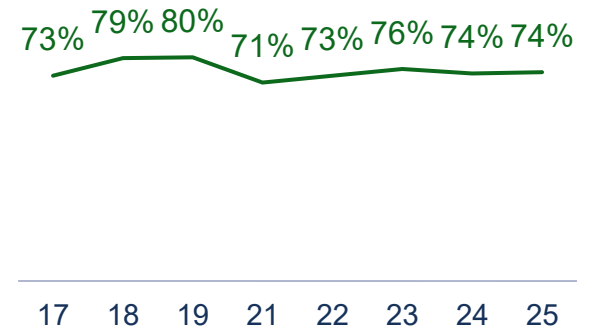
Total Cholesterol



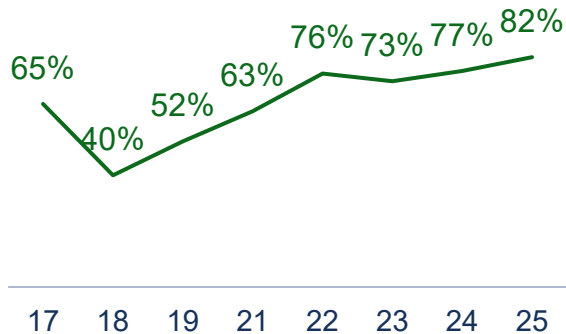
HDL-C LDL-C



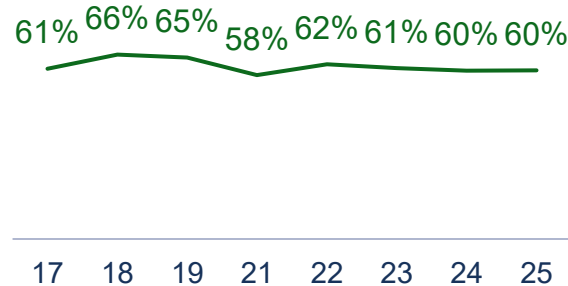
Triglycerides



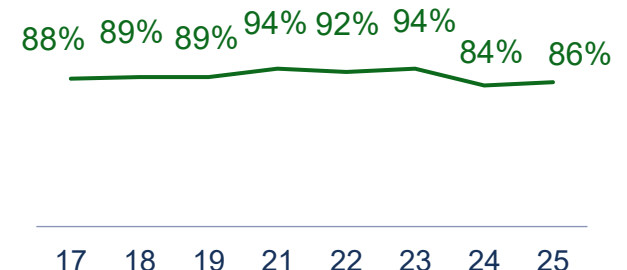
Glucose



Blood Pressure



Nicotine



Healthy Rewards 2024 – 2025

80% of the eligible population participated in at least 1 Healthy Reward activity!



30% Achieved

BRONZE

75 Points

\$150



25% Achieved

SILVER

100 Points

\$250



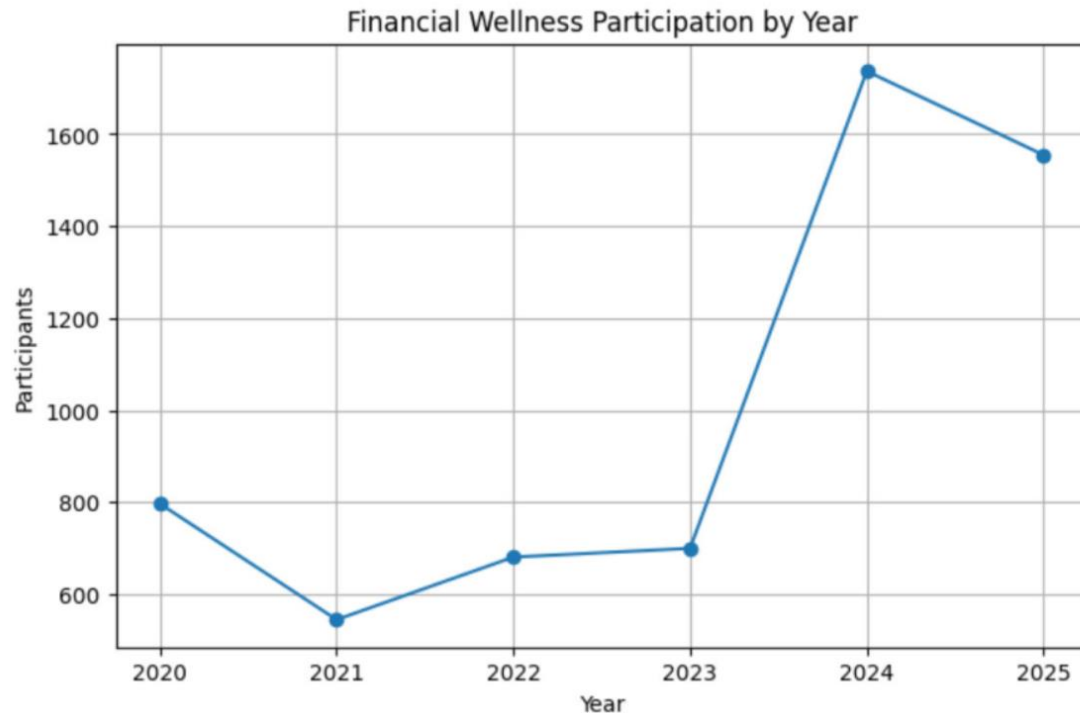
21% Achieved

GOLD

125 Points

\$350

Financial Wellness



Average Deferral & Participation of Participants who Attended a Wellness Session (2025)

	Deferral Average	Participation
Attended Wellness Session	10%	94%
Did Not Attend Wellness Session	6.10%	79%

Workplace Clinic 2025



Employee Well-Being Clinic Experience

After many years of service, a City of Milwaukee Firefighter had built a career on putting others first. As retirement approached, he realized his own health had taken a back seat - routine screenings missed, small concerns ignored.

Through the City of Milwaukee's employee workplace clinic, he quickly found support to close those care gaps with no cost barriers.

Froedtert Workforce Health was proud to help honor his service by ensuring he could step into retirement strong and ready.



Workplace Clinic 2025 Appointment Overview



2,502

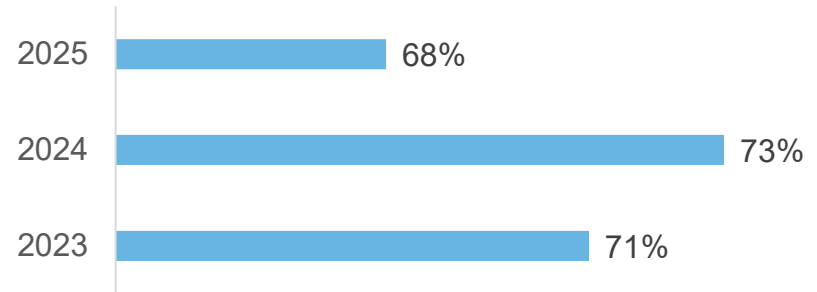
2025 Total Visits



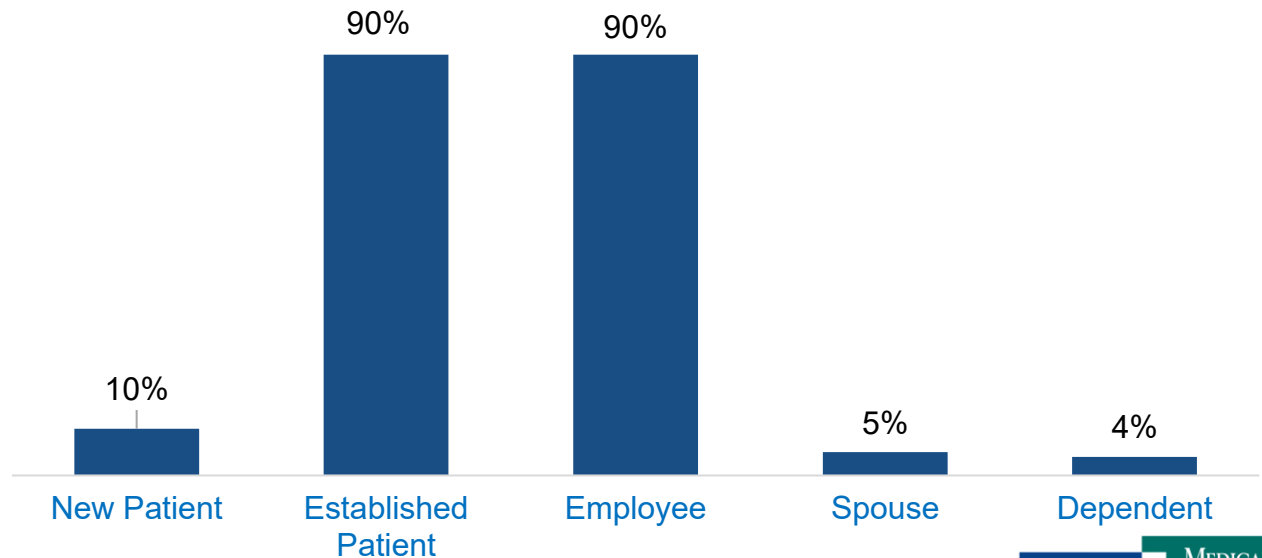
1,146

2025 Unique Lives
Served

Total Utilization



2025 Patient Type





Gena Mosconi, MSN, FNP-BC, APNP

Workplace Clinic 2025 Top Reasons for Visit

Top 10	Workplace Clinic 2025
Vaccination	10%
Blood Pressure Check or Medication Management	8%
Respiratory Tract Infection	4%
Cough	4%
Sore Throat	4%
Laboratory Test	4%
High Blood Pressure	4%
Sinus Infection	3%
Rash	3%
Urinary Tract Infection	3%

FastCare 2025





FASTCARE

FREE

for all COM employees, spouses and dependent children (ages 18m+) enrolled in the UHC health insurance plan.

- Care for non-urgent, everyday illnesses and health needs.
- Evening and weekend hours available.
- Locations at select Meijer stores and McKinley Health Center.
- Reserve a designated time at the location you choose. Visit froedtert.com/fastcare or the Froedtert & MCW app.

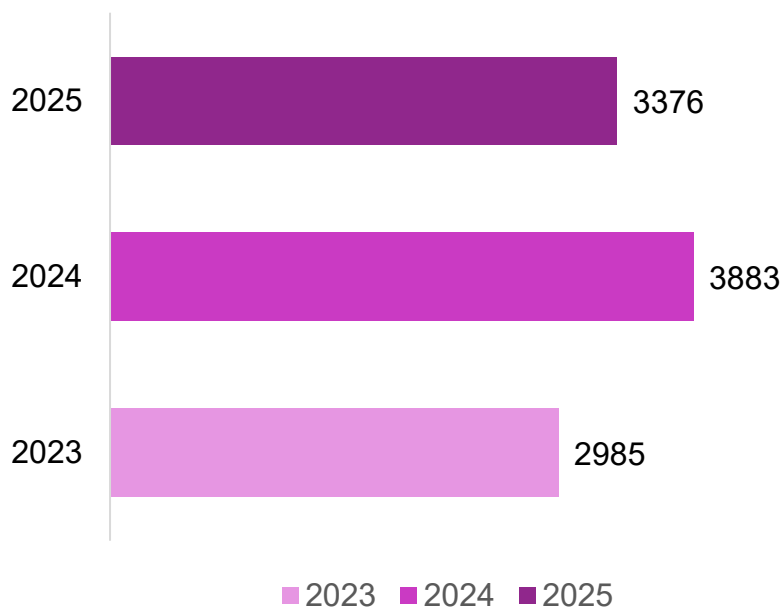
Download the free
Froedtert & MCW app
and create a Froedtert & MCW
account to access FastCare®
appointments.

Snap the QR code for quick
access to the app.



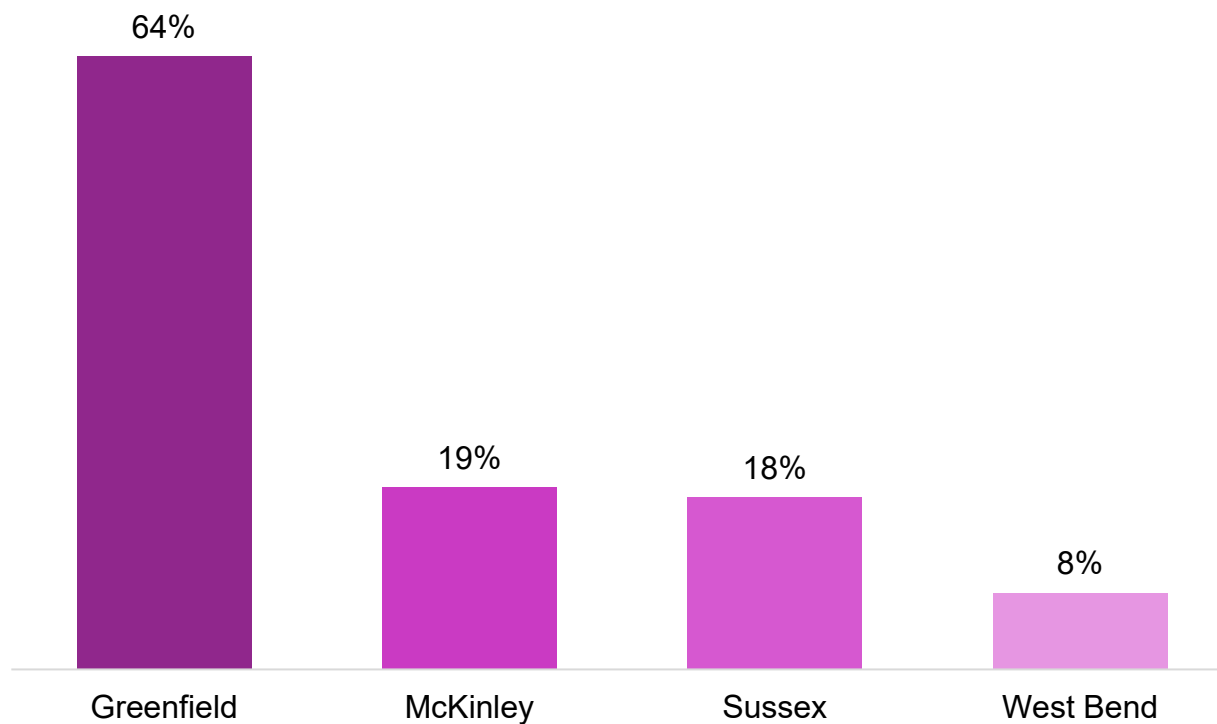
Fast Care Total Visits

Total Visits



Top 5 Reasons	FastCare 2025
Sore Throat	19%
Respiratory Tract Infection	12%
Ear Infection	11%
Sinus Infection	11%
Cough	5%

2025 Location Utilization



Injury Prevention 2025



City of Milwaukee Injury Prevention Clinic



- The City's Injury Prevention Clinic provides comprehensive preventive measures to address new strains, muscle and joint issues before they become more serious
- This Service is free to City employees and spouses regardless of insurance coverage.
- The Injury Prevention Clinic is staffed by Froedtert & the Medical College of Wisconsin licensed, board-certified Physical Therapists.
- Patients who visit the Injury Prevention Clinic have access to MyChart®, a web-based portal, to view their health history and visit results.

To schedule an in-person or virtual appointment, call 414-777-3413.

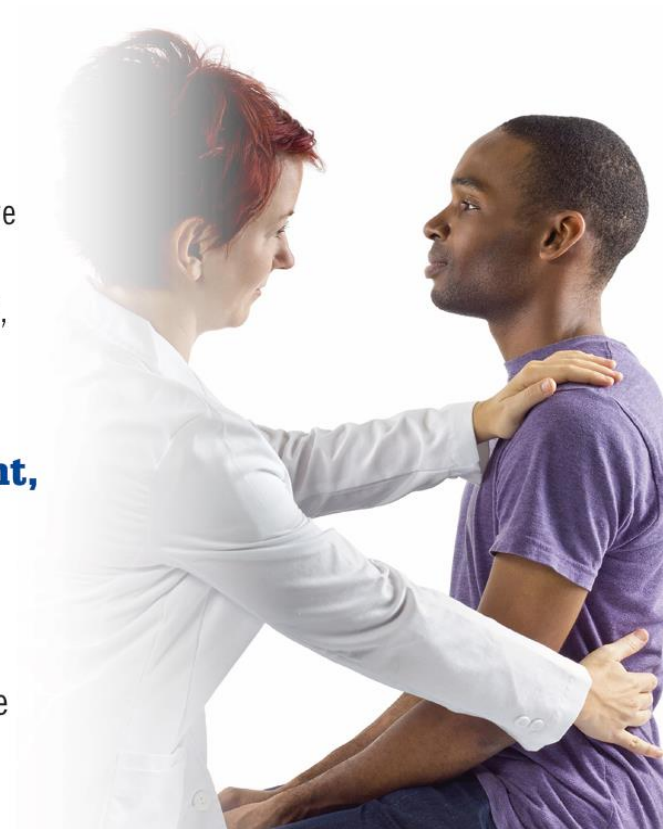
Wednesday: 12:30 p.m. - 4:30 p.m.

Friday (NEW): 8 a.m. - 12 p.m.

Location: Zeidler Municipal Bldg.; 841 N. Broadway, Milwaukee
Enter through Market St. entrance (corner of Kilbourn and Market St.)

Services Available:

- Optimize ergonomics for office and home workstations
- Pain management education
- Exercise instruction
- Injury prevention tips
- Recommendations for self-management of symptoms
- Education on correct posture and body mechanics to perform tasks safely



Injury Prevention Clinic

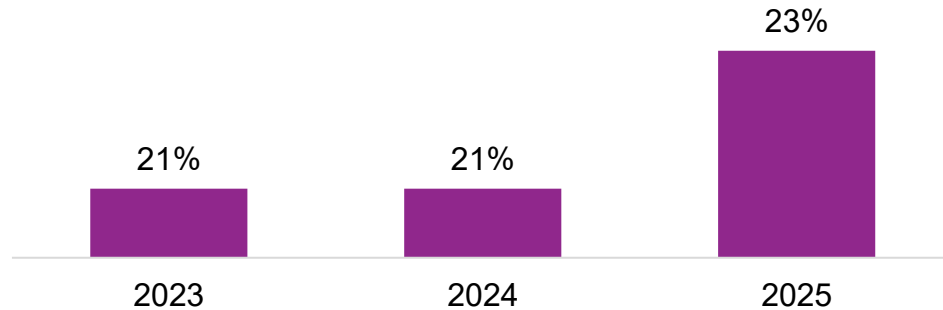


Maya Puleo, PT, DPT, OCS



Tracy Farrey, PT

Total Utilization



Top 10 Reasons	IP 2025
Knee pain	12%
Pain	12%
Back pain	11%
Shoulder pain	11%
Lower body pain	8%
Neck pain	7%
Hand pain	5%
Wrist pain	5%
Hip pain	4%
Ankle pain	3%

A photograph of a smiling Black woman with short, curly hair, wearing a brown top, shaking hands with a person in a white lab coat. The woman is holding a folder or clipboard. The background is a clinical setting with a door and a mirror. The image has a blue overlay.

Calendar Year 2026 Initiatives

2026 Initiatives and Strategic Enhancements



Optimize Healthy Reward Point Allocation to Drive Healthier Outcomes



Leverage Benefit Partners at Health Appraisals



Expand In-Clinic Medication Dispensing



Enhance Interest Assessment Survey



Launch Clinician Education Series



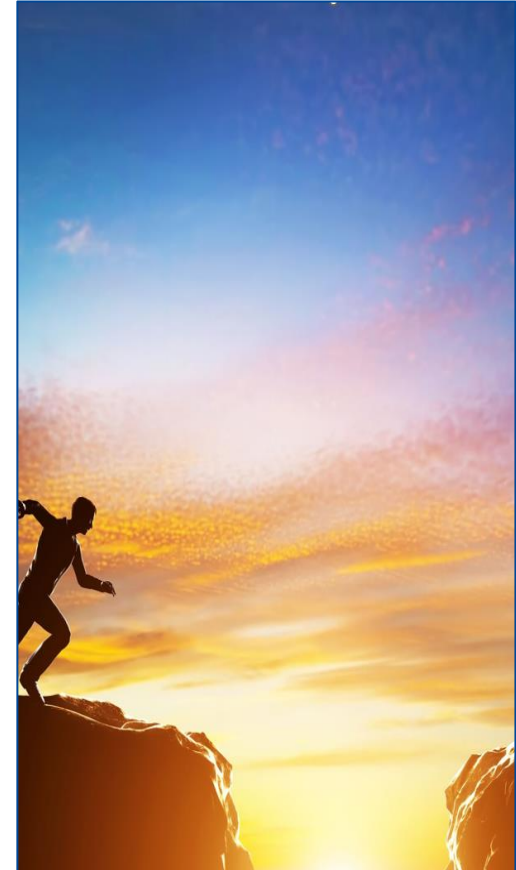
Advance Digital Tools for Chronic Care



Strategically Evaluate Injury Prevention Services



Expand Clinic Access for Off-Site Employees



Thank You!



Questions?

Molly King, Employee Benefits Director



(414) 286-2938



molkin@milwaukee.gov