

Jan Singer, MSW, LCSW
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FORMAL EDUCATION

M.S.W.	1977	University of Wisconsin-Milwaukee (Emphasis on community organization, planning, and evaluating programs)
B.S.	1969	University of Toledo, Ohio (Emphasis on social work)

Post Graduate Training:

EMDR Training, Level I & II	(Milw. WI; Los Angeles, CA)	1994
Dreikers Relationship Center, Inc.	(Boulder, CO)	1985
Gestalt Institute of Cleveland	(Training in Milw., WI)	1982

License: (Wisconsin) Clinical Social Worker # 2565-123	1993-present
License: The Ron Fletcher Company: Towelwork; Spine Corrector	2003-present

WORK EXPERIENCE

2002- present	<i>Clinical Social Worker/Psychotherapist.</i> Life Adventure Therapies Workshop facilitator; consultant for religious and human service organizations/businesses; body oriented therapy approach incorporating wilderness retreats and whitewater rafting for team building; forensic expert witness for sexual assault cases
2004-present	<i>Ad Hoc Instructor,</i> UW-M, Helen Bader School of Social Welfare. <u>Courses:</u> Cultural Diversity.
2002-present	<i>CEU Seminar Instructor,</i> Mount Mary College Themes: "Ethical and boundary issues when working with the elderly"; "Social work ethics, boundaries and the elderly"; "Boundary issues when working with families and children"; "Self care for professionals care givers"; "Cultural sensitivity issues"; "Healing aspects of anger"; "Body oriented psychotherapy"; "Advanced ethics and boundaries: challenges from a changing society"; "The power of language: empowering clients through different words"; Seeing consumers as resilient: strengths perspective in social work practice"; "A client's worth: the dynamics of money, worth, value"
2000-present	<i>Pilates Teacher of the Ron Fletcher Towelwork:</i> Elite Fitness Club (2000-02) Freedom Pilates Studio UWM School of Health Science Milw., WI
1996-2003	<i>Adjunct Faculty,</i> Antioch University, Santa Barbara, CA. <u>Courses taught:</u> Advanced family therapy: systemic

treatment of families living with sexual abuse; Family therapy: theories and applications; Clinical skills III – group therapy; Issues of death and grieving; Domestic violence: Prevention and treatment; Sexual Assault: Working with survivors and their families; Eating disorders; body oriented psychotherapy; power of secrets.

- 1992-1999 *Social Worker/Psychotherapist.* Family Therapy Institute, Santa Barbara, CA.
- Provided psychotherapy for individuals, couples, families, groups, and supervision for master’s level students.
- 1984-2001 Jan Singer & Associates’/Friends’ Psychotherapy Collective, Milwaukee, WI; Santa Barbara, CA.
- Provided psychotherapy services; workshop facilitator; action oriented consultant for individuals, organizations, and businesses.
- 1994-1995 KTMS Radio Station: “SOMETHING TO TALK ABOUT” (talk show regarding therapeutic and life issues.)
- 1993-1994 Woman’s Center for Pacific Shores Hospital, SB, CA.
1992-1993 Women’s Center for Van Nuys Hospital, SB, CA
- 1981-1984 *Mental Health Coordinator/Primary Therapist.* Bread and Roses Women’s Health Center, Inc., Milwaukee, WI.
- Community education and outreach focusing on women’s mental issues; reproductive and pregnancy options.
 - Supervision of master’s level students.
- 1978-1981 *Social Worker.* Children’s Service Society of Wisconsin.
- Treatment foster care worker with primary responsibilities for the placement and supervised placement of adolescents in foster care;
 - Facilitated parenting groups for foster children’s biological parents, and led training for potential foster care and respite care parents.
- 1977-1978 *Project consultant.* Milwaukee County Mental Health Planning Council, Milwaukee, WI.
- Provided consulting role in various grants and projects involving the evaluation of multi-county juvenile prosecutor programs; community alcoholism treatment/counseling organizations, and an alternative treatment for street crime versus prison.

TRAINING WORKSHOPS:

- Sexual Assault Treatment Center. Culturally sensitive issues for nurses working with sexual assault survivors. Milwaukee, WI 2003.

- Milwaukee County Commission on Domestic Violence and Sexual Assault. 2003.
- CHAI Helpline Line, Jewish Family Services, provided volunteer training.
Milw., WI. 2001-2003.
- HELPLine 24-hour Telephone Crisis Intervention; volunteer training.
Santa Barbara, CA. 1995-1999.
- Organizational Behavioral Teaching Conference. *When Sex Becomes the Lesson: Sexual Boundary Violations in the Classroom.* 1994.
- Pacific Association of Reform Rabbis; Unitarian Society of Santa Barbara; SB *Interfaith Ministry: When Sex Is Power and Not Sex.*
Palm Springs and Santa Barbara, CA 1992-1993.
- Others (15)

Extended Workshops Developed/Co-developed.

- *Vision Quest Retreat!* (Five Day Retreat in the Apostle Islands, WI). 2003
- *Celebrating All Our Connections!* (Five Day Retreat in New Mexico). 1998-2002
- *Celebration in Living! Intensive Personal Growth Weekend.* Various locations:
1984-2003.
- *Victim to Victor! A Therapy Group for Women Haunted by the Ghosts of Childhood Sexual Abuse.* Santa Barbara, CA. 1992-1996.
- *Seeking the Spirit: A Week-long Wilderness/Vision Quest Experience.*
Ely, MN 1990-94.
- *Joy! A Rolfing and Psychotherapy Process.* Milw., WI; SB, CA 1986-1994.
- *Transforming Your Body Image.* Milw., WI 1987-1990
- *Living Your Body Image.* Milw., WI 1988-1989.
- *Discovering Your E/Sensual Body: Being Sensual Is Essential to Life.*
Milw., WI 1989-1989.
- *Journey Weekend in the Shamanic Tradition.* Milw., WI 1986-1992.
- *Co-dependency: When Your Drug of Choice is Anyone Else But You.*
Milw., WI 1988-90.

WORKSHOPS AND PRESENTATIONS

- WI Chapter NASW Conference: “(Re)Claiming Your Body: Ron Fletcher based Pilates as a Psychotherapeutic Tool”; “Listening Through the Body’s Wisdom: Body Oriented Psychotherapy”; “Advanced Ethics and Boundaries: Meeting the Challenges of the Changing Faces of Social Work”, “Holding Open the Door: Working with Transgender Clients”, “The Service Interface for Victims of Interpersonal Violence (Domestic Violence and/or Sexual Assault) and Cross Cultural Challenges
WI 2002-2006.
- Department of Health; Life Care Program: “Stress Reduction and Relaxation for People living with AIDS”; “Self Care for Professionals working with individuals with AIDS.”
Madison, WI 2001-2003.
- Santa Barbara AIDS Counseling and Assistance Program: “Balanced Caring: Turn Caring For – Into Caring About”; “Hearts, Hands, and Voices: A Spiritual Healing Circle”; “Living Beyond AIDS.” Santa Barbara, CA 1991-1995.
- Western Organizational Behavior Teaching Conference; “When Sex Becomes the Lesson: “Psychological, Ethical, and Legal Aspects of Sexual Boundary Violations in the Classroom.”
USC; LA, CA. 1993.
- Lambert Memorial Dialogue: “SEX, LOVE, and THERAPY: Boundary Violations Issues.”
Santa Barbara, CA 1992.

- Conference for Alternatives in Jewish Education: “When Sex Is the Lesson: Sexual Misconduct in the Synagogue and the Classroom.” LMU/LA, CA 1992.
- UCSB Woman’s Center: “I Hear the God/dess—And the Voice Is Mine”; “An Inspirational Aphrodisiac: The Connection between Sexuality and Spirituality.” Santa Barbara, CA. 1992.
- Santa Barbara Rape Crisis Center Board Retreat.: “In-reach/Out-reach.1991-1992.
- Milwaukee AIDS Project: “Grieving: The Benefits of Being a Cry-Baby.” Milwaukee, WI 1989.

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

- The Ron Fletcher Company (2003-present)
- National Association of Social Workers (1984-present)
- EMDR International Association (1997-present)
- California Association of Clinical Social Workers (former member)

Other Organizational Membership

- Task Force On Family Violence; Board member, Program Chair (2004-present)
- Milwaukee Jewish Family Services/CHAI (Jewish Response to Interpersonal Violence). (2000-present)
- Milwaukee County Commission on Domestic Violence and Sexual Assault, Alternate Commissioner (2005-present)
- Domestic Violence Council for LGBT Community, Milwaukee County Commission on Domestic Violence and Sexual Assault (2002-present)
- Cultural Competency/Underserved Populations Committee, Milwaukee County Commission On Domestic Violence and Sexual Assault (2002-present)
- Disabilities Abuse Committee and Cross Training Facilitator, Milwaukee County Commission On Domestic Violence and Sexual Assault (2005-present)
- Santa Barbara, CA., Rape Crisis Center (former member, Board of Directors).
- Pilates Method Alliance (2002-present)
- United States Association of Body and Psychotherapy (1997-present)

► Letters of Reference: Available upon request.