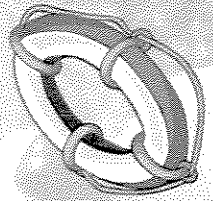


ATTACHMENT B

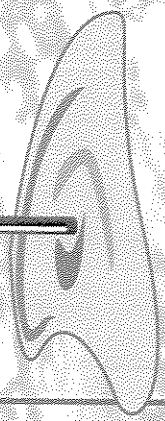
- If you see a personal flotation device, throw it into the water to the person. Remember, Throw Don't Go!



Frozen Waters:

- Do not participate in unorganized water activities on frozen waters, such as lakes, rivers, and large bodies of water.
- Do not walk, bike, or ride in any motorized vehicles on frozen bodies of water.

DANGER!
Thin Ice

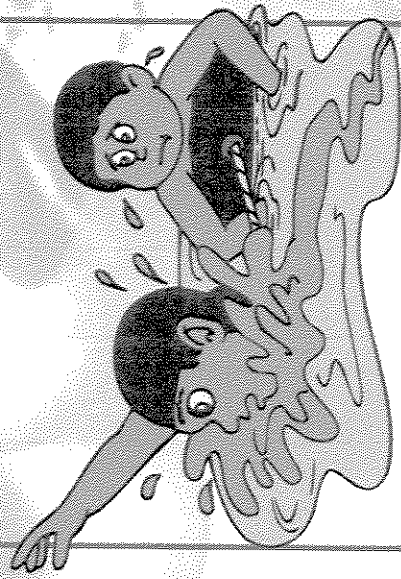


Milwaukee's Rivers and Inland Waters

Keep in mind that in the time it takes to answer the phone, a child can drown in:

- Bath tubs
- Buckets of Water
- Toilets
- Pools and Spas
- Water on Pool Covers
- Wading Pools
- Rivers or Dams
- Ponds and Lagoons

For other helpful water safety hints, please contact the Safety Division Office at (414) 935-7990. www.milwaukeepolice.org



Designed and printed by the Milwaukee Police Department - Printing Section

What Parents Should Know



ABOUT CHILDREN AND WATER SAFETY

TIPS ON WATER SAFETY

Water activities can be fun, provide good exercise for children, and be a good source of recreation involving children and adults.

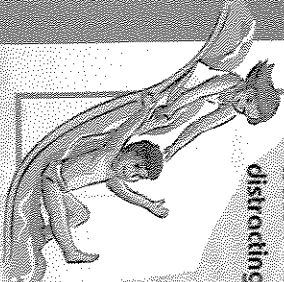
But when there is a lack of supervision, being in an unsafe water environment or no safety gear being used, these factors can result in an unintentional drowning.

Active supervision is what is needed by a "Designated Adult" when young children are in tubs of water, on boats, in swimming pools, or near open bodies of water to help prevent an unintentional drowning.

Following are 4 tips to remember to ensure the "Designated Adult" has the appropriate skills needed when children are near or in water.

1. Be Responsible:

- Provide constant supervision when children are near or in water. **Do not engage in distracting behavior.**



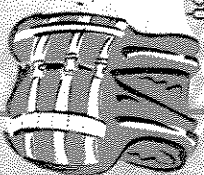
2. Know How to Swim:

- Have appropriate swimming skills, and training on Infant and Child CPR, (Local American Red Cross or any other water safety certified agency might offer training).

3. Know the Water Environment and have Safety Gear present:

- Make sure there are multiple layers of protection around the water environment you are in including appropriate signage and emergency equipment available. (Ex: In Pools, boots or near bodies of water).

- Have proper safety swimming gear such as Personal Flotation Devices (PFD's) approved by the U.S. Coast Guard for everyone on boats, in or near open bodies of water, or participating in water sports or activities.



- When pools are closed, you are prohibited from entering after hours.

4. Emergencies CALL 911:

- If someone is in trouble in the water call 911.

What Should I Know About Running Waters and Frozen Waters?

Running Waters:

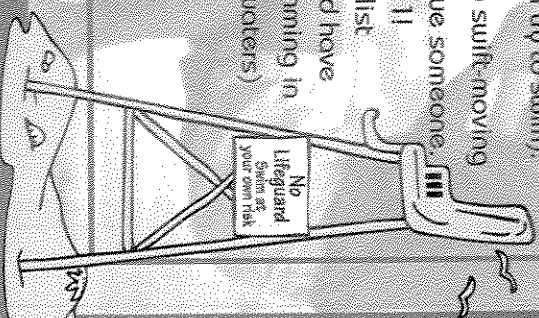
Rivers and Channels pose more of a hazard after a heavy rainfall.

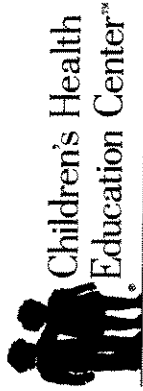
- Many people who live near bodies of water do not think of them as hazardous or realize how strong the current might be. (Ex: A road that is filled with running water could carry a motor vehicle a long distance).

- Do not let children or teenagers play near water, especially after a rainfall when water levels are high and currents are strong.

- Always keep in mind: if there is no lifeguard present, then it may not be a safe place to swim. (Do not go in or try to swim).

- Do not go into swift-moving waters to rescue someone. Always Call 911 (A gold medallist swimmer would have problems swimming in swift-moving waters).





Children's Health
Education Center™

A member of Children's Hospital and Health System.

Drowning is the second leading cause of injury-related death among children ages 1 to 14 in Wisconsin.

Drowning usually occurs quickly and silently, happening in a matter of seconds. Most drownings happen in swimming pools and open bodies of water.

The City of Milwaukee, the American Red Cross, Boys and Girls Clubs of Greater Milwaukee, Injury Free Coalition for Kids of Milwaukee, Milwaukee County Park System, Milwaukee Fire Department, Milwaukee Police Department, Milwaukee Public Schools Division of Recreation and Community Services, Safe Kids Wisconsin, YMCA of Metropolitan Milwaukee, and the Urban Ecology Center have formed the Milwaukee Water Safety Task Force in response to recent drownings in the city of Milwaukee. The task force is focusing this year's efforts on creating an awareness of the importance of safe play around open bodies of water in three zip codes: 53208, 53212, and 53215.

The Water Safety Task Force encourages you to talk to children about the

4 steps to water safety:

1. Supervision.

Always be responsible and provide constant supervision when children are playing in or near water.

2. Learn to swim.

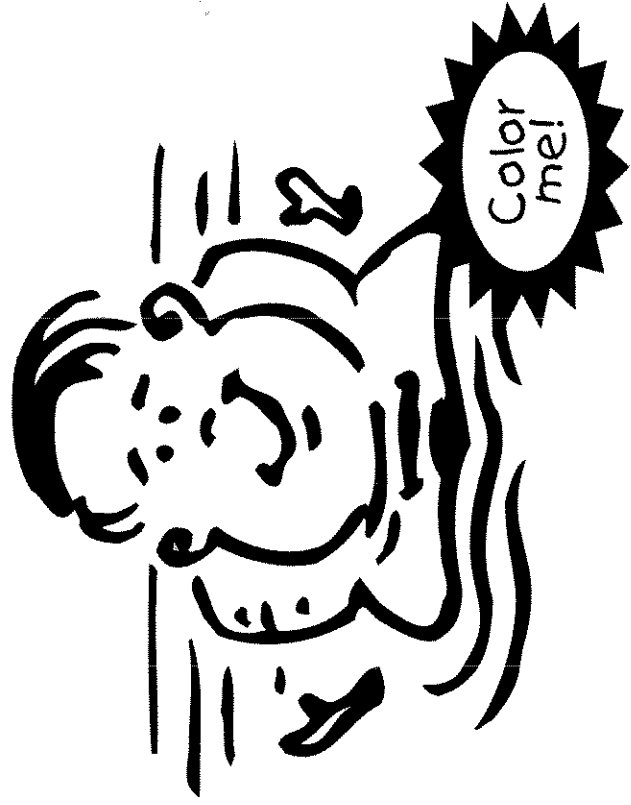
Learn how to swim and have kids learn to swim. Skills taught during swimming lessons can help children understand how to safely have fun in the water.

3. Play safe.

Teach children to always play in areas of water where lifeguards and adults are present. Never allow children to swim alone.

4. Get help.

If you come across someone in trouble in the water, teach children to call 911 and get an adult.



Milwaukee's Water Safety Task Force Summer Activities List

American Red Cross

The American Red Cross has been the leader in water safety training for more than 90 years. Our *Learn to Swim* courses offer something for everybody, beginning at 6 months, as well as a wide range of lifelong fitness and personal safety skills. American Red Cross courses are taught by certified instructors.

When it comes to activities in, on or around the water, safety always comes first — and the American Red Cross offers trusted programs!

See the Milwaukee Public Schools Division of Recreation and Community Services Activity Guide for more information on *Learn to Swim*.

Injury Free® Coalition for Kids of Milwaukee

Injury Free Coalition for Kids of Milwaukee is a partnership of Children's Hospital and Health System, the Medical College of Wisconsin and the Robert Wood Johnson Foundation. Its goal is to reduce the number of Milwaukee children being injured in specific neighborhoods with the highest rates of injury by providing education and services. For more information, please call (414) 390-2174.

Milwaukee Public Schools Community Learning Centers (CLCs)

CLCs will be open this summer for fun and learning. This *free* program will provide youth with academic enrichment activities, sports, arts and crafts, playground games, field trips and summer meals. For more information, call (414) 475-8941.

Milwaukee County Parks Pools

Saturday morning swim lessons begin June 25 and are *free* for the first 60 who sign up, ages 6 - 12 years old. Sponsored by Milwaukee County Parks, the Milwaukee Youth Sports Authority and the American Red Cross standards. Locations include:

Pelican Cove

(Kosciuszko Park, 2201 S. 7th St.)

Washington Pool

(Washington Park, 1860 N. 40th St.)

Lincoln Pool

(Lincoln Park, 1300 W. Glendale Ave.)

The swimming season begins June 18 at the three pools. Contact the Aquatics Office at (414) 257-8098 for more information.

Milwaukee Public Schools Division of Recreation and Community Services

MPS Recreation offers *Learn to Swim* programs for everyone in the family at your local high school. Splash into our first session starting June 27th or dive into one of the later sessions starting July 11th. Sign up with the form in our Activity Guide, available at your local library or school. Our price of \$25 for 10 lessons are reduced to only \$12.50 for those families who receive the MPS free/reduced lunch program.

Free community swim is also available and open to the public. Class locations and times are also posted on our website: www.milwaukeeerecreation.net. Or call (414) 475-8838.

Urban Ecology Center

Believing that our rivers and lakefront are gifts to the community, the Urban Ecology Center promotes a connection to our waterways through safe, guided programs. For more information on our programs, please call (414) 964-8505.

YMCA of Metropolitan Milwaukee

Go to any metro Milwaukee YMCA and register your child (age 5-12) for *Begin to Swim*, A YMCA water safety program offered *free* to the community from June 20-July 29. This program is a one-week course, Monday through Friday, at the following YMCA of Metropolitan Milwaukee sites:

Northside YMCA,
1350 W. North Ave. Call (414) 265-9622

John C. Cudahy YMCA
9050 N. Swan Rd. Call (414)354-9622

Hales Corners Pool
5765 S. New Berlin Rd. Call (414)302-9622

Always remember the

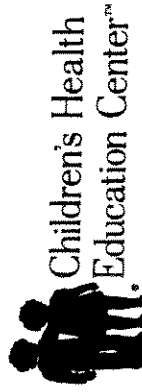
4 steps to water safety:

Supervision.

Learn to swim.

Play safe.

Get help.



A member of Children's Hospital and Health System.

El ahogo es la segunda causa principal de las muertes relacionadas con las lesiones en los niños de 1 a 14 años en Wisconsin.

El ahogo normalmente ocurre rápida y silenciosamente, sucediendo en tan sólo unos segundos. La mayoría de los ahogos ocurren en las piscinas (albercas) y en las extensiones abiertas de agua.

La City of Milwaukee, la American Red Cross, el Boys and Girls Clubs of Greater Milwaukee, la Injury Free Coalition for Kids of Milwaukee, el Milwaukee County Park System, el Milwaukee Fire Department, el Milwaukee Police Department, la Milwaukee Public Schools Division of Recreation and Community Services, el Safe Kids Wisconsin, la YMCA of Metropolitan Milwaukee y el Urban Ecology Center han formado el Milwaukee Water Safety Task Force (Grupo de Tareas para la Seguridad Acuática de Milwaukee) en respuesta a los ahogos recientes en la Ciudad de Milwaukee. El grupo de tareas está enfocando los esfuerzos de este año en crear una conciencia sobre la importancia de jugar con seguridad al estar cerca de extensiones abiertas de agua en tres códigos postales: 53208, 53212 y 53215.

El Grupo de Tareas para la Seguridad Acuática le anima a que hable con los niños sobre los **4 pasos para la seguridad acuática:**

1. Supervisión.

Siempre sea responsable y mantenga supervisión constante cuando los niños juegan adentro o cerca del agua.

2. Aprenda a nadar.

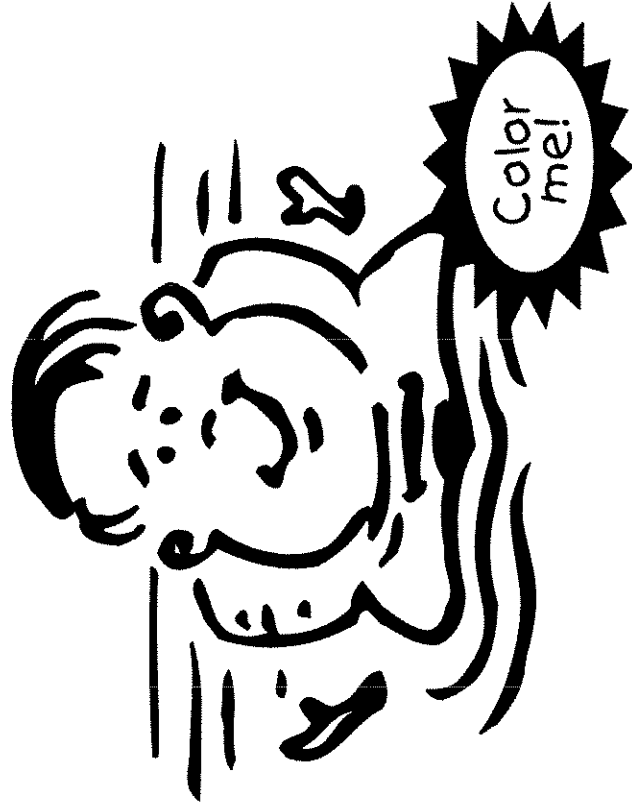
Aprenda a nadar y insista que los niños aprendan a nadar. Las habilidades que se enseñan durante las lecciones de natación pueden ayudar a que los niños entiendan cómo divertirse seguramente en el agua.

3. Juegue con seguridad.

Enséñele a los niños a jugar siempre en partes del agua donde están presentes los salvavidas o adultos. Nunca permita que los niños naden solos.

4. Busque ayuda.

Si usted se encuentra con alguien que está teniendo dificultades en el agua, enséñele a los niños a que marquen al 911 y busquen un adulto.



Lista de Actividades de Verano del Grupo de Tareas para la Seguridad Acuática de Milwaukee

American Red Cross

La Cruz Roja Americana ha sido el líder en los entrenamientos en la seguridad acuática por más de 90 años. Nuestros cursos *Learn to Swim* (Aprenda a Nadar) ofrecen algo para todos, comenzando a los 6 meses, además de amplias habilidades para la aptitud física y seguridad personal de toda la vida. Los cursos de la Cruz Roja Americana los enseñan instructores certificados. Cuando se trata de actividades adentro, sobre o cerca del agua, ¡la seguridad es lo principal! y la Cruz Roja Americana ofrece programas confiables. Para más información sobre el curso *Learn to Swim* (Aprenda a Nadar), vea la MPS Division of Recreation and Community Services.

Injury Free Coalition for Kids of Milwaukee

La Injury Free Coalition for Kids of Milwaukee es una asociación de Children's Hospital and Health System, el Medical College of Wisconsin y la Robert Wood Johnson Foundation. Su meta es reducir el número de niños de Milwaukee que se lastiman en los vecindarios con las tasas de herida más altas al proporcionar educación y servicios. Para más información, por favor, llame al (414) 390-2174.

Milwaukee Public Schools Community Learning Centers (CLC)

Los CLCs (Centros para el Aprendizaje Comunitario) estarán abiertos durante el verano para entretenimiento y aprendizaje. Este programa gratuito le proporcionará a los jóvenes actividades de enriquecimiento académico, deportes, artes y artesanías, juegos de patio de recreo, excursiones y comidas de verano. Para más información, llame al (414) 475-8941.

Milwaukee County Parks Pools

Las lecciones de natación los sábados por la mañana comienzan el 25 de junio, son gratis para las primeras 60 personas que se inscriban, para los niños de 6 a 12 años de edad, patrocinadas por los Milwaukee County Parks (Parques del Condado de Milwaukee), la Milwaukee Youth Sports Authority (Autoridad para los Deportes Juveniles de Milwaukee) y los estándares de la Cruz Roja Americana. Los lugares incluyen:

Pelican Cove

(Kosciuszko Park, 2201 S. 7th St.)

Washington Pool

(Washington Park, 1860 N. 40th St.)

Lincoln Pool

(Lincoln Park, 1300 W. Glendale Ave.)

La temporada de natación comienza el 18 de junio en las tres piscinas. Para más información, contacte la Aquatics Office (Oficina Acuática) al (414) 257-8098.

Milwaukee Public Schools Division of Recreation and Community Services

MPS Recreation ofrece programas de Learn to Swim (Aprenda a Nadar) para toda la familia en su escuela secundaria local. Sumérjase en nuestra primera sesión comenzando el 27 de junio o salte a una de las sesiones más adelante comenzando el 11 de julio. Inscríbese usando el formulario de nuestra Activity Guide (Guía de Actividades), disponible en su biblioteca o escuela local. Nuestra tarifa de \$25 por 10 lecciones se rebaja a sólo \$12.50 para las familias que participen en el programa de comida gratuita/reducida de MPS. La natación comunitaria gratuita también está disponible para y abierta al público. Los lugares y horarios para las clases

también están anunciados en nuestro sitio web: www.milwaukeeerecreation.net o llame al (414) 478-8838.

Urban Ecology Center

Con la creencia de que nuestros ríos y lagos son un don para la comunidad, el Urban Ecology Center fomenta una conexión a nuestras vías acuáticas a través de programas seguros y guiados. Para más información sobre nuestros programas, por favor, llame al (414) 964-8505.

YMCA of Metropolitan Milwaukee

Vaya a cualquier YMCA metropolitano de Milwaukee y inscriba a su hijo (de 5 a 12 años de edad) en Begin to Swim (Comenzar a Nadar), un programa de seguridad acuática de la YMCA ofrecido sin costo a la comunidad del 20 de junio hasta el 29 de julio. Este programa es una clase que dura una semana, de lunes a viernes, ofrecido en uno de los siguientes locales de la YMCA de Milwaukee Metropolitano:

Northside YMCA,
1350 W. North Ave. Call (414) 265-9622

John C. Cudahy YMCA
9050 N. Swan Rd. Call (414)354-9622

Hales Corners Pool
5765 S. New Berlin Rd. Call (414)302-9622

Siempre Recuerde los

4 pasos para la seguridad acuática:

Supervisión.

Aprenda a Nadar.

Juegue con Seguridad.

Busque Ayuda.

Splash into safety!

WATER SAFETY CHECKLIST FOR KIDS



Always swim with a buddy.



Never run, push, or jump on others around water.



Always wear a U.S. Coast Guard approved life jacket when you are in or near an open body of water, a boat, or when participating in water sports.



Inflatable inner tubes and “water wings” are not safety devices.



Learn how to swim.



Swim only within designated safe areas of rivers, lakes and oceans.



Never dive into a river, lake, or ocean.

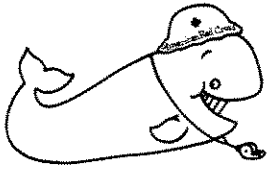
National
**SAFE
KIDS**

Campaign®

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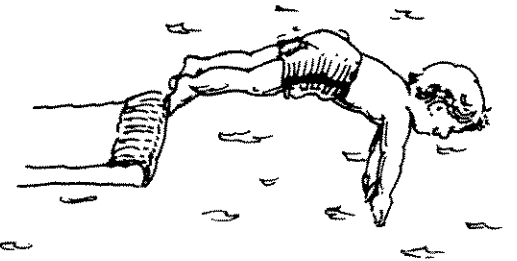
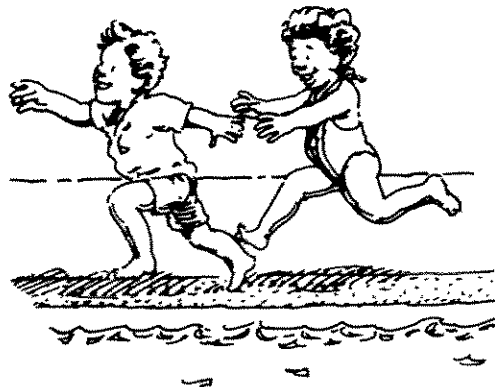
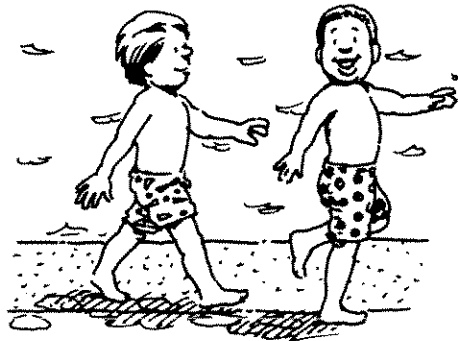
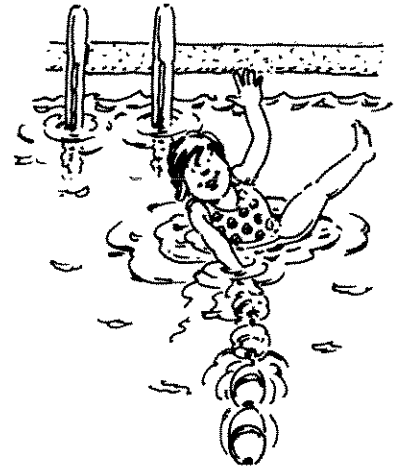
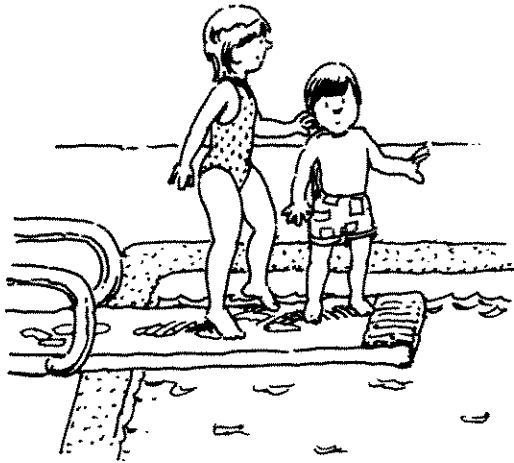
Visit www.safekids.org for more information!

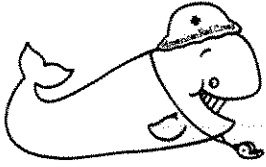




Show You Know

Put an X on the pictures that show children who have forgotten safe behavior at the pool.



**Note to teachers:**

Depending on the level of your class, the students can discuss the scenarios orally or they can write the answers to the questions.

What Should You Do?

Prevention is an important part of water safety. Read the description of each situation below and think about how the accidents could have been prevented.

1. Jane and Sharon have just come out of the locker room and decide to race to the edge of the pool. Jane slips and falls, landing heavily on her elbow. What should she have done differently?
2. Bill and Jim are playing tag in the water. Bill climbs out and runs to the diving board. Jim follows quickly, jumps off the board, and lands on top of Bill. What should they have done differently?
3. Jason and some of his friends are taking turns jumping in the water from the side of the pool. Jason gets tired of waiting for his turn so he pushes his friend into the water. The friend is surprised and swallows some water. He starts to choke and cough. What should Jason have done differently?
4. Amanda and her little brother are getting ready to get in the water. The little brother puts on his arm floats. Amanda takes him into deep water. The arm floats start to lose air and he starts to sink. What should they have done differently?
5. Jack and Jill are walking along a river when Jill decides that she wants to go for a swim. She jumps in and is quickly swept downstream. What should she have done differently?



RAFFY LEARNS TO SWIM

American Red Cross
Learn-to-Swim Levels 1 and 2





WADDLES IN THE DEEP

American Red Cross
Learn-to-Swim Levels 3 and 4

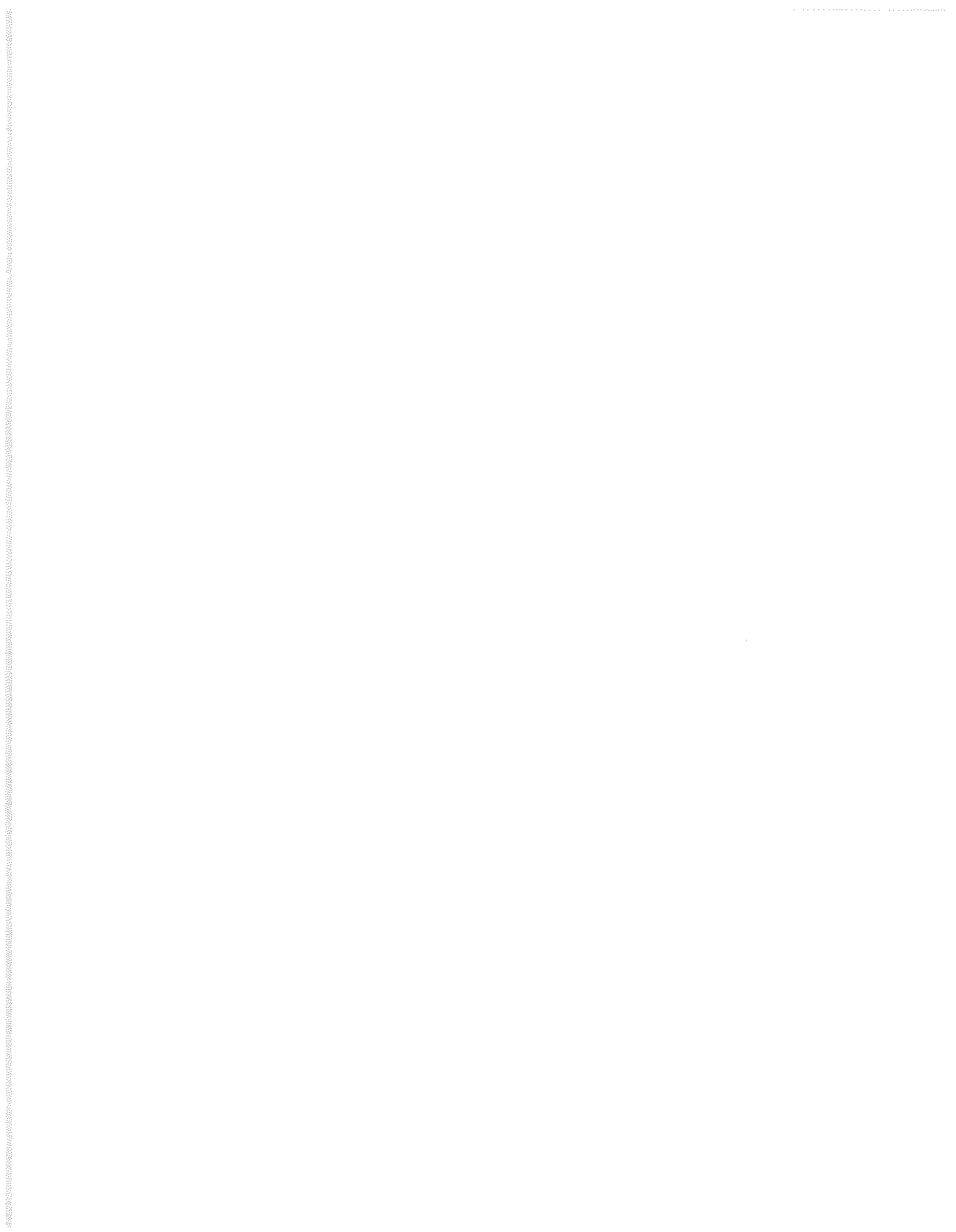


American
Red Cross

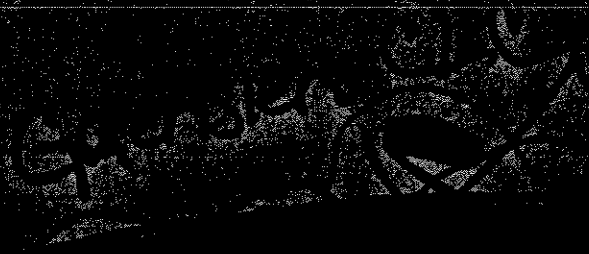


Jewel-Osco

Helping
make
your life
easier.



you should always
come to kids when
they are in water



23

10