



THE CENTRE FOR WELL-BEING
I N C O R P O R A T E D

9/11/2025

To whom it may concern:

I am writing on behalf of Robin McDowell DOB 6/14/91 Robin is known to me in my AODA counseling practice at Center for Well Being. Robin has been my client since June of 2024. Robin originally came to see me because she had an OWI and I am an AODA counselor and she needed to have counseling to be in compliance with the driver safety plan. I bring this up because I want it understood that Robin has done much more than simply be in compliance to a driver safety plan. She has continued regular counseling appointments over the last year and several months. During that time I have seen her make great strides in her personal life and in her use of substance.

I believe that Robin has been completely free of any alcohol or substance use over the last several months, and before that only had consumed a drink at a party, She has not been involved with drugs and was not drinking to excess. She has however made a decision to be entirely clean and sober and has been attending support meetings in her local home area. I have worked in this field for many years and look for changes in behavior and lifestyle as the way to see what a person is really doing. I work with many people who become what I call temporarily abstinent when they get in trouble. These people generally relapse. I also work with a lot of people who continue coming to counseling after their required time, get involved in actual recovery, and turn their life around. I want to go on record as stating that I believe that Robin is in this second category, and has made great strides in not only abstinence but great changes in lifestyle. To me the problem that she is in court for now is simply a mistake, and an oversight on her part. A person gave her something at a party which she did not use. She made the mistake of not immediately throwing it away and that is why we are where we are with her legal situation. I wish a drug screen had been done to prove that she was in fact clean and sober. It is my hope that Robin can be allowed to continue on her new path, I want to go on record as stating that I believe she is actively working on recovery and is doing everything she can to establish a new successful sober lifestyle. I hope that the system can allow her to continue that quest.

Sincerely;

Michael Slavin CSAC ICS

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