

## Workforce Health Communication – Finance and Personnel Committee (July 17, 2015)

### Healthy Rewards:

- 541 employees/spouses have completed Healthy Rewards (100 points or more)
- These individuals received a \$250 Health Reimbursement Account
- Final completion list was sent on July 13, 2015
- New program description in progress:
  - Adding additional opportunities to earn points
  - Utilizing the Workplace Clinic for a one-time recheck for glucose and cholesterol

### Wellness Your Choice Milwaukee (3-step process):

- Launch kit will be mailed Friday July 17<sup>th</sup>
  - Online scheduling for lab and coaching will be through pickAtime. Same process as last year.
  - **New this year:** City has a customized Wellness Site which will have the new online questionnaire (WebMD), event calendar, biometric results, resource center, and potential for Healthy Rewards.
- Wellness Program Labs start August 3<sup>rd</sup> and ends October 31<sup>st</sup>
  - Same locations as last year with the addition of Milwaukee Police Association (6310 W. Bluemound Rd)
  - Walk-ins are welcome, scheduled appointments will take priority
- Firefighter physicals lab draws happen August 3<sup>rd</sup> – August 22<sup>nd</sup>
- Coaching starts August 17<sup>th</sup>
  - Early completion of labs by August 31<sup>st</sup> will be entered to win one \$400 Pick ‘n Save gift card
  - Early completion of all 3-steps by September 30<sup>th</sup> will be entered to win one \$400 Pick ‘n Save gift card

### Workplace Clinics Stats:

- See attached

