

LRB-RESEARCH AND ANALYSIS SECTION

FINANCE AND PERSONNEL COMMITTEE

ITEM 8, FILE # 060443

JULY 26, 2006

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File # 060443 is a substitute resolution authorizing the expenditure of up to \$10,000 (\$100 for 100 persons) in reduced premiums for individuals enrolled in the Basic Plan who participate in the Ten Cities Diabetes Challenge for up to six months.

Background

1. This resolution will authorize the expenditure of up to \$10,000 from the Health Care Special Purpose Account, Claims sub-account. This expenditure will be applied to reduce the health care premiums of up to 100 active and retired employees, enrolled in the Basic Plan, by \$100 dollars, on a one-time basis.
2. This resolution follows Communication File 060337, heard at the July 10, 2006 meeting of the Finance and Personnel Committee, updating employee participation in the Ten Cities Diabetes Challenge. The Ten Cities Diabetes Challenge is a program designed for employees with diabetes who agree to meet with a pharmacist every other month to review methods and progress in managing and controlling the disease.

Discussion

1. The City of Milwaukee has been working with the American Pharmacist Association Foundation and local sponsors, including Julie Whipple of "Use Your Medications Wisely" to communicate to the City employees, City retirees, their spouses and dependents the importance of diabetes management and participation in the Ten City Diabetes Challenge.
2. The program asks participants who have diabetes to agree to meet with a pharmacist every other month to review their efforts to control the diabetes. In return the members are provided with "diabetes related" blood pressure and lipid medications with no 20% co-insurance.
3. DER Employee Benefits reports that there are currently 16 persons enrolled in the program with another 57 Basic Plan members requesting information.
4. This self-management diabetes program includes City of Milwaukee employees, retirees and their spouses. The incentive program, if approved, will be communicated to Basic Plan members by the participating pharmacies.
5. Program participation is completely confidential with no information transmitted to the City regarding enrollees in the program.

Fiscal Effect

1. The total amount of this resolution is up to \$10,000 in payments from the Basic Plan Claims Special Purpose sub-account, to reduce the health care employee premium payment by \$100/person, up to 100 participants. Participants must agree to be active in the program for a minimum of six months.
2. Cost savings to the City should be realized by the better management of diabetes-related medications for the participants resulting in lower cost expenditures and other cost efficiencies, as well as by the provision of the medications for the participants by the sponsors to the Basic Plan “Diabetes Challenge” participants.

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