



Department of Employee Relations

Tom Barrett
Mayor

Maria Monteagudo
Director

Michael Brady
Employee Benefits Director

Deborah Ford
Labor Negotiator

January 6, 2016

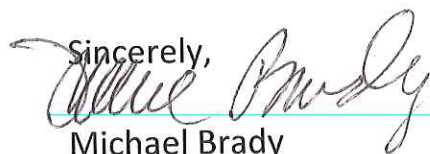
Alderman Nik Kovac, Chairman
City of Milwaukee Common Council Finance and Personnel Committee
200 East Wells Street, Room 205
Milwaukee, WI 53202

File No: 151374 Communication regarding 2016 Initiatives from
UnitedHealthcare (UHC) and Workforce Health (WH)

Dear Alderman Kovac and Finance Committee Members:

The City of Milwaukee is working closely with UHC and WH to provide the best programs and services to City members and their families. There are some very exciting opportunities offered in 2016 for the first time, as well as on-going services to make sure members get the best health care, the best services to improve their well-being, and information concerning the same. The attached page includes a brief description of the 2016 initiatives and opportunities.

Please feel free to contact me regarding any of the initiatives if you have comments or questions.

Sincerely,

Michael Brady
Employee Benefits

CC: Maria Monteagudo, DER
Deborah Ford, Labor
Renee Joos, DER
Ellen Tangen, City Attorney's Office
Dennis Yaccarino, Budget Office



Initiatives from Workforce Health for City members in 2016

Preventive “Physical Therapy Clinic” will be available to members and their spouses on Thursdays in the Wellness Center beginning January 21, 2016 at no cost to members. Appointments are recommended.

Workplace Clinic will be open five days a week in 2016.

Healthy Rewards program continues in 2016 for members who have completed the three step wellness program. Members are eligible for a \$250 Health Reimbursement Account (HRA) after they earn at least 100 points.

The Wellness Center, open four days a week, has new staff. Staff will continue to do outreach to City members at multiple work locations providing programs based on interest at the work location. See attached flyer.

Classes and lunch/learns including:

- Four week tobacco cessation
- Weighing in on fad diets
- Maintain Don't Gain
- Healthy Rewards program explanation
- Support for the walking programs at City Hall and other City locations
- Support to Wellness Champions from throughout City government

Outreach regarding Diabetes Prevention Program: The YMCA/UHC Diabetes Prevention Program (DPP) will again be offered to eligible City members on Tuesdays in City Hall. Workforce Health is sending letters to members who may be eligible for the program.

Initiatives from UnitedHealthcare for City members in 2016

Virtual Visits: *During your visit you will be able to see and speak to a U.S. board-certified doctor about your health concerns and symptoms. You and the doctor will discuss your medical issue, and if appropriate, the doctor may write a prescription for you. The service is available now at a cost of \$40-\$50 per visit. For more information go to:*

<https://www.myuhc.com/member/dvcnvirtualVisitLayout.do?psnName=link.button.dvcnvirtualvisit&csId=13125&requestor=/launchPad>

Real Appeal: *Real Appeal is a pay for performance brand-new way to lose weight, have more energy and look better than ever. Real Appeal will help members make small changes—changes they can easily live with—for lasting weight loss. And, as a 100% paid-for healthcare benefit from the City, Real Appeal will be available at absolutely NO COST to City members and their spouses later this year. For more information go to: <http://realappeal.com/employer/>*

The www.myuhc.com web site includes information about claims, Benefits, providers, and prescriptions.

- *The site also provides information about Premium Tier 1 providers and costs for providers for some services.*
- *The site allows members to determine the cost of their medication either through home delivery or through a retail pharmacy.*
- *The site allows members to view their claims and pay their deductible and co-insurance directly to their providers.*
- *The site allows members to print out a paper ID card, or order a new card from UHC.*

Health for me: an app that puts all your UHC information on your smart phone.

Rally: allows members to self-report their healthy behaviors, earn points and be entered for prizes based on their point total.

New ID card: All members were mailed a new ID card, with “advocate for me” the UHC customer services number.