March 6, 2013

Alderman Michael Murphy, Chairman City of Milwaukee Common Council Finance and Personnel Committee 200 East Wells Street, Room 205 Milwaukee, WI 53202

<u>File No: 121608 Communication regarding "Wellness Your Choice Milwaukee,"</u> <u>the City wellness program with Workforce Health Froedtert Health</u>

Dear Alderman Murphy and Finance Committee Members:

The City of Milwaukee in cooperation with Workforce Health Froedtert Health has provided the City with a comprehensive wellness program over the past three years. This communication at the March 14, 2013 Finance and Personnel Committee meeting with provide an opportunity to share some of the success and some of the ongoing challenges. Following the presentation we hope that you will better understand why the City is doing this, what specifically the City is doing and what are the initial results of the City's investment in employees and their spouses. This will include a short power point.

Since the fall of 2010 Workforce Health has been providing services to the City. The services include the three step wellness program – lab work, on-line health assessment and $\frac{1}{2}$ hour meeting with health coach -- and working with the 12 member Wellness and Prevention Labor Management Committee.

Barb Fagan, MS, FAACVPR, Director of Workforce Health and Melissa Kaul MBA, Sales Account Representative for Workforce Health will join me in making the presentation.

Thank you for providing us with an opportunity to share this information with you and respond to your questions and comments.

Sincerely,

Michael Brady Employee Benefits

> CC: Ellen Tangen, CA Dennis Yacarrino, DOA Maria Monteagudo, DER Renee Joos, DER Mary Turk, LRB